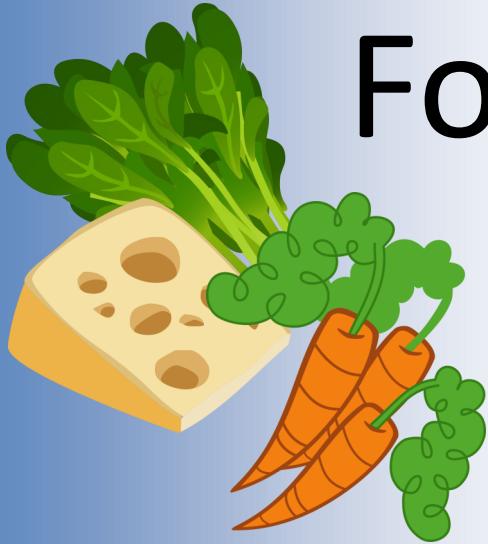




**HUNGER
PREVENTION
COUNCIL**
PIERCE COUNTY

Food Drive Toolkit



Fall/Winter 2018



PRESENTED By:

SAFE & HEALTHY
FOOD PANTRIES
PROJECT

UW Extension
University of Wisconsin-Extension

Contents:

- Introduction- The Need for Quality Donated Food
- Pierce County Food Pantry Statistics (ALICE)
- St. Croix County Food Pantry Statistics (ALICE)
- Tools to Print, Share and Post

-Trick Treat

-Meating the Need

-Warm Up Winter

-Food Drive Five

-Power of a Dollar

-5 Most Wanted

- Pierce County Food Resource Directory (English and Spanish)
- St. Croix County Food Resource Directory (English and Spanish)

Introduction:

Hello food pantry donors, organizers, groups and organizations,

Thank you for your interest in organizing and contributing to food drives. You can make a big impact by hosting an event that benefits your local food pantry. There are many ways, large and small, that you can make a big impact on reducing hunger right here in your community.

The need is great. More than 1 in 9 Wisconsin households are food-insecure, meaning that they lack assured access to sufficient foods to support a healthy and active life. Recent data shows that as many as 41% of Pierce County residents and 29% of St. Croix County residents struggle to meet their basic monthly food needs. (United Way St. Croix Valley ALICE Report, 2014) Many of these families, due to their lack of money, may run out of food, cut back on the size of meals, or skip meals altogether.

Hunger and food insecurity are linked to additional problems. For children, these may include overall poor health, as well as behavioral, learning and academic problems. Impoverished adults often report choosing between medication, rent, transportation, or food. Food insecure seniors are more than twice as likely to report bad health as food-secure seniors. (Source: Poverty and Food Security in Pierce County, Wisconsin; Curtis, Bartfeld, Lessem, 2014)

The food pantries of Pierce and St. Croix Counties serve as an emergency food system for individuals and families who are struggling to meet their nutritional needs. A 2014 Feeding America Hunger Study found that nearly 2 in 3 households plan for charitable food assistance as part of their monthly household budget. (Feeding America Hunger in America 2014. www.feedingamerica.org/hunger-in-america/our-research/hunger-in-america) This means that they are relying on food pantries to meet the needs of their family.

Your local food pantries cannot meet this need without community support. There are many ways that individuals can contribute to the local food environment, and this manual will guide you as you plan and promote your food drive. The message and materials included in this manual will provide you the resources that you need to support the health of those most in need.

Thank you for your interest in hosting a food drive or fundraiser to reduce food insecurity in Pierce and St. Croix Counties. You are making a difference.

For more information, updates and resources, contact:

Katie Feuerhelm

Family Living Educator, UW-Extension Pierce County

Hunger Prevention Council of Pierce County

Katie Bartko

FoodWIse Program Coordinator

Hunger Prevention Council of Pierce County

Pierce County, 2014		
Town	Total HH	% ALICE & Poverty
Bay City	226	63%
Clifton	692	16%
Diamond Bluff	188	37%
El Paso	251	25%
Ellsworth	1,251	52%
Ellsworth Town	438	22%
Elmwood	371	58%
Gilman	378	34%
Hartland	356	40%
Isabelle	123	42%
Maiden Rock	258	38%
Martell	443	30%
Oak Grove	783	22%
Plum City	218	61%
Prescott	1,617	33%
River Falls	3,984	57%
River Falls Town	893	26%
Rock Elm	188	53%
Salem	194	43%
Spring Lake	219	37%
Spring Valley	550	52%
Trenton	664	22%
Trimbellie	651	37%
Union	229	41%

ALICE IN PIERCE COUNTY

2014 Point-in-Time Data

Population: 40,859 | **Number of Households:** 15,198

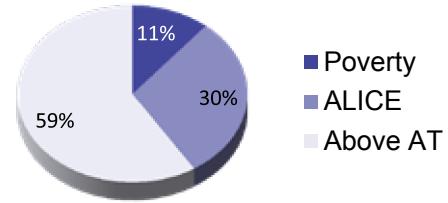
Median Household Income: \$61,613 (state average: \$52,622)

Unemployment Rate: 4.9% (state average: 5.3%)

Gini Coefficient (zero = equality; one = inequality): 0.42 (state average: 0.44)

How many households are struggling?

ALICE, an acronym for **A**sset **L**imited, **I**ncome **C**onstrained, **E**mployed, are households that earn more than the Federal Poverty Level, but less than the basic cost of living for the county (the ALICE Threshold). Combined, the number of poverty and ALICE households equals the total population struggling to afford basic needs.



What are the economic conditions?

The **Economic Viability Dashboard** evaluates community conditions for ALICE in three core areas. Each is an index with a scale of 1 (worst) to 100 (best).

Housing Affordability
poor (28)

Job Opportunities
fair (55)

Community Resources
fair (59)

What does it cost to afford the basic necessities?

This bare-minimum budget does not allow for any savings, leaving a household vulnerable to unexpected expenses. Affording only a very modest living in each community, this budget is still significantly more than the Federal Poverty Level of \$11,670 for a single adult and \$23,850 for a family of four.

Household Survival Budget, Pierce County		
	SINGLE ADULT	2 ADULTS, 1 INFANT, 1 PRESCHOOLER
Housing	\$608	\$946
Child Care	\$–	\$1,050
Food	\$176	\$533
Transportation	\$415	\$830
Health Care	\$163	\$653
Miscellaneous	\$234	\$470
Taxes	\$981	\$685
Monthly Total	\$2,577	\$5,167
ANNUAL TOTAL	\$30,924	\$62,004
Hourly Wage	\$15.46	\$31.00

Source: U.S. Department of Housing and Urban Development (HUD), U.S. Department of Agriculture (USDA), Bureau of Labor Statistics (BLS), Internal Revenue Service (IRS), Wisconsin Department of Revenue, and Wisconsin Department of Children and Families, 2014; American Community Survey, 2014.

Note: Municipal-level data on this page is for Census county subdivisions. Totals will not match county-level data; municipal-level data often relies on 5-year averages and is not available for the smallest towns that do not report income.

St. Croix County, 2014		
Town	Total HH	% ALICE & Poverty
Baldwin	1,585	43%
Baldwin Town	347	27%
Cady	301	35%
Cylon	276	34%
Deer Park	101	70%
Eau Galle	389	34%
Emerald	281	31%
Erin Prairie	244	23%
Forest	231	38%
Glenwood	254	41%
Glenwood City	555	60%
Hammond	710	36%
Hammond Town	642	19%
Hudson	5,754	42%
Hudson Town	2,860	18%
Kinnickinnic	639	24%
New Richmond	3,206	51%
North Hudson	1,457	32%
Pleasant Valley	197	29%
Richmond	1,178	28%
River Falls	1,346	34%
Roberts	642	39%
Rush River	203	35%
Somerset	966	41%
Somerset Town	1,416	36%
Springfield	313	32%
St. Joseph	1,384	21%
Stanton	370	42%
Star Prairie	242	50%
Star Prairie Town	1,210	37%
Troy	1,696	14%
Warren	572	26%
Woodville	535	63%

Note: Municipal-level data on this page is for Census county subdivisions. Totals will not match county-level data; municipal-level data often relies on 5-year averages and is not available for the smallest towns that do not report income.

ALICE IN ST. CROIX COUNTY

2014 Point-in-Time Data

Population: 86,759 | **Number of Households:** 32,583

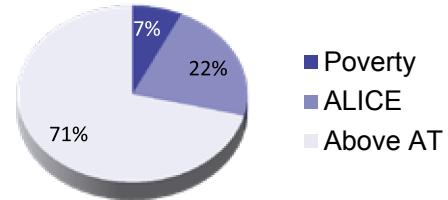
Median Household Income: \$76,024 (state average: \$52,622)

Unemployment Rate: 3.5% (state average: 5.3%)

Gini Coefficient (zero = equality; one = inequality): 0.37 (state average: 0.44)

How many households are struggling?

ALICE, an acronym for **A**sset **L**imited, **I**ncome **C**onstrained, **E**mployed, are households that earn more than the Federal Poverty Level, but less than the basic cost of living for the county (the ALICE Threshold). Combined, the number of poverty and ALICE households equals the total population struggling to afford basic needs.



What are the economic conditions?

The **Economic Viability Dashboard** evaluates community conditions for ALICE in three core areas. Each is an index with a scale of 1 (worst) to 100 (best).

Housing Affordability
fair (53)

Job Opportunities
good (71)

Community Resources
good (70)

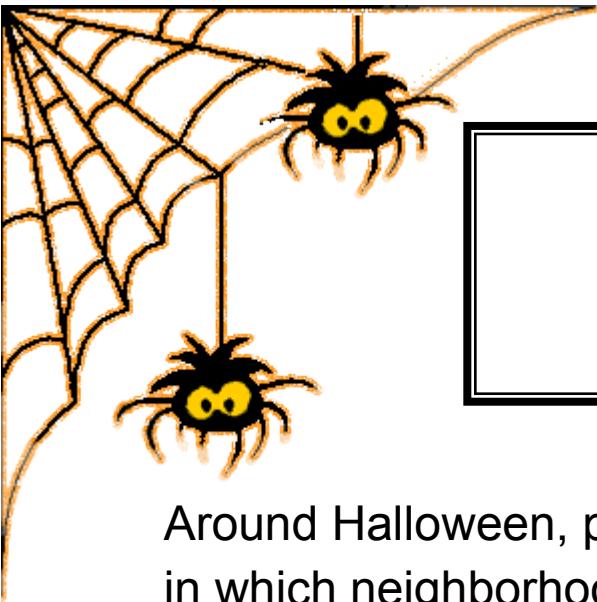
What does it cost to afford the basic necessities?

This bare-minimum budget does not allow for any savings, leaving a household vulnerable to unexpected expenses. Affording only a very modest living in each community, this budget is still significantly more than the Federal Poverty Level of \$11,670 for a single adult and \$23,850 for a family of four.

Household Survival Budget, St. Croix County

	SINGLE ADULT	2 ADULTS, 1 INFANT, 1 PRESCHOOLER
Housing	\$608	\$946
Child Care	\$–	\$1,188
Food	\$176	\$533
Transportation	\$415	\$830
Health Care	\$163	\$653
Miscellaneous	\$234	\$489
Taxes	\$981	\$742
Monthly Total	\$2,577	\$5,381
ANNUAL TOTAL	\$30,924	\$64,572
Hourly Wage	\$15.46	\$32.29

Source: U.S. Department of Housing and Urban Development (HUD), U.S. Department of Agriculture (USDA), Bureau of Labor Statistics (BLS), Internal Revenue Service (IRS), Wisconsin Department of Revenue, and Wisconsin Department of Children and Families, 2014; American Community Survey, 2014.



Trick, Treat — What's to Eat?

Around Halloween, pull a switch by conducting a food drive in which neighborhood children go door to door in your neighborhood (accompanied by an adult) asking for canned food donations. Make sure to send out flyers well in advance so your neighbors are in on the plan. This is a good way for kids to begin to associate the holiday with community service and the spirit of giving, too. (This won't work everywhere, so obtain the proper permissions before you get too far into the planning process.)



MEATING THE NEED

Protein foods are donated less often than other types of food to food pantries. Help us meet the protein needs of our neighbors by conducting a protein-themed food drive.

*Check with your food pantry before donating perishable items (things that need refrigeration/freezing).

- ◊ Peanut (and other nut) butter ◊ Canned tuna
- ◊ Eggs ◊ Canned chicken
- ◊ Cottage cheese ◊ Canned soups with meat
- ◊ Yogurt ◊ Canned meals with meat
- ◊ Cheese ◊ Nuts
- ◊ Milk ◊ Dried beans and peas
- ◊ Meat ◊ Canned beans and peas



Winter warm up



Organize a food drive with warm winter foods in mind. What's better on a cold Wisconsin day than oatmeal, warm soup, or hot chocolate? Think comfort foods!

❄️ Canned soup

❄️ Soup mixes

❄️ Hot chocolate

❄️ Oatmeal and hot cereals

❄️ Coffee & Tea

❄️ Pasta

❄️ Rice

❄️ Potatoes

❄️ Gravy

❄️ Canned stews & Chili

❄️ Canned meats

❄️ Popcorn



Donating Foods?

Remember the "Food Drive Five"

Step One: Choose from the "Food Drive Five"



Protein Foods



Fruits



Soups



Whole Grain



Vegetables

Nuts, canned meat and seafood.

Fresh, packed in juice & sauced.

With protein and vegetables.

Pastas and cereal.

Fresh, frozen, canned.

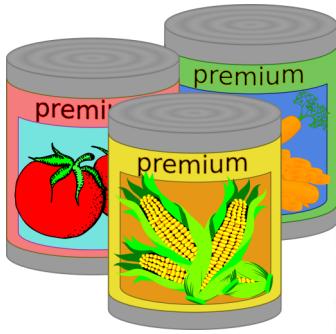
Step Two: Choose lower sodium options.

Step Three: Check expiration dates.

The Hunger Prevention Council is a nonprofit organization dedicated to reducing hunger and inadequate nutrition in Pierce County through service, education, communication and coordination.



POWER OF A DOLLAR



\$10 Food
purchased from
local grocery store.

\$10 CASH
donation can buy
ALL THIS.



**HUNGER
PREVENTION
COUNCIL**

PIERCE COUNTY

**UW
Extension**
University of Wisconsin-Extension

The
5

MOST WANTED

Food Pantry Donations

Every month, hundreds of Pierce County families depend on the food pantry for nutrition.



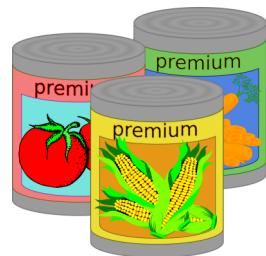
Peanut Butter

Canned Fruits
& Vegetables



Oils &

Dressings



Brown or
White Rice

Canned Fish
& Meat



Your Donation Helps!



**HUNGER
PREVENTION
COUNCIL**
PIERCE COUNTY

FOOD PANTRIES

Bring utility or phone bill to verify address.
Use the Food Pantry in your school district or
the Pierce County Food Pantry.

River Falls Food Pantry

222 N Main St., (715) 425-6880
Mon 10-12 & 6:30-8 Wed 1-5 Thurs 6:30-8pm
Fri 10-12 , 2nd & 4th Sat 10-12

Spring Valley Community Food Pantry

St. John's Lutheran Church Ed. Building
S425 Church Ave. (715) 778-5988
2nd & 4th Wednesdays 10-11:30 & 4:30-6pm

Prescott Area Food Pantry

720 St Croix St., Suite 119 (715) 262-4143
Thursdays 9-11:30am, 1-5pm or by appointment

Pierce County Food Pantry

167 W Main St., Ellsworth (715) 273-2070
Mon, Tues, Thurs 9:30-Noon, Wed 4-6pm

Plum City Food Pantry

301 First St. (715) 647-2191
Thursdays 10-2pm except 2nd Thurs, 3-7pm

Elmwood Food Pantry

108 So Main St. (715) 639-2307
1st Tues, 3-6pm & 3rd Tues 9am-1pm

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)

The Plum City, Prescott Area, River Falls, Pierce County and Spring Valley Community Food Pantries are all TEFAP outlets. Participants must be income eligible to benefit from TEFAP.

HOUSEHOLD SIZE	CURRENT GROSS MONTHLY INCOME:
1	\$1,872
2	\$2,538
3	\$3,204
4	\$3,870
5	\$4,536

HUNGER PREVENTION COUNCIL OF PIERCE COUNTY, INC.

A nonprofit organization dedicated to reducing hunger and inadequate nutrition in Pierce County through service, education, communication, and coordination.

HUNGER PREVENTION COUNCIL PROGRAMS

Educational Opportunities

Moolah for Milk

Pierce County Food Pantries

Venison Donation Program

FOR FURTHER INFORMATION, VOLUNTEER OPPORTUNITIES OR TO MAKE A DONATION, CONTACT:

Hunger Prevention Council Pierce County, Inc.
Executive Director, Jennifer Thatcher
PO Box 201
Ellsworth, WI 54011
Phone: (715) 273-2070
e-mail: hungerprevention@gmail.com
Website: hungerpreventioncouncil.com



This institution is an equal opportunity provider



PROVIDED BY



March 2018

FOODSHARE PROGRAM

FoodShare Outreach Specialist:

Maureen at (715) 496-3121 (screening and application assistance)

To apply:

Online: www.access.wisconsin.gov

Call: Great Rivers Call Center
1(888)283-0012

In person: Economic Support Office,
412 W. Kinne St., Ellsworth, WI

SCHOOL BREAKFAST & LUNCH

Contact: Individual School Districts

Ellsworth	(715) 273-3911
Elmwood	(715) 639-2711
Plum City	(715) 647-2511
River Falls	(715) 425-1800
Spring Valley	(715) 778-5551 X 5109
Prescott	(715) 262-5782

Household income determines whether a family is eligible for reduced price or free meals. The school breakfast & lunch programs must meet nutrition requirements established by the federal government.

BACKPACK PROGRAM

With school staff recommendation, an eligible student receives a backpack of nonperishable food on Friday. Available at some Pierce County Elementary Schools, contact the school nurse for more information.

FOODWISE UW-EXTENSION, PIERCE COUNTY

Phone: (715) 273-6781

Foods, nutrition and resource management, education information and materials for income eligible individuals and families.

(WIC) SPECIAL SUPPLEMENTAL FOOD PROGRAM FOR WOMEN, INFANTS and CHILDREN

Contact: Pierce County Public Health Dept.

Phone: (715) 273-6758

The WIC Program has an income eligibility limit, 185% of the official poverty level. It is a supplemental food program, which also provides health screening and nutrition education for pregnant and nursing women, infants, and children under age 5.

SALVATION ARMY

Phone: Pierce County – (715) 307-7750
Prescott – (715) 262-5000

For emergency food needs an operator can connect persons with volunteers in their immediate area.

WEST CAP, INC.

Senior Farmer's Market Nutrition Program (SFMNP)
Commodity Supplemental Food Program (CSFP)
Call (715) 977-1191 for more information.



SENIOR MEAL SITES and HOME DELIVERED MEALS

Phone: (715) 273-6780

Mid-day meals offered daily to senior citizens at six sites in Pierce County. Meals can be delivered in each area to persons who are temporarily or permanently homebound.

OTHER FREE COMMUNITY MEALS

First Presbyterian Church

Corner of Hwy 65 & Hwy 10, Ellsworth
2nd Wednesdays, serving 5 to 6pm

St Bridget's Church

211 E Division St., River Falls
Soup & Bread, 3rd Tuesdays, serving 5 to 6pm

Servant of the Shepherd Church

103 N. 4th Street, River Falls, WI 54022
Every Sunday at 12:15pm

FOOD DISTRIBUTIONS

Food Harvest of St Croix Valley

Afton-Lakeland Elementary School
475 St Croix Trail, Lakeland, MN 55043
Tim Ailport (612) 708-6799

3rd Saturday of month. Door opens at 7am, Distribution begins 8am. All welcome. Bring large boxes or clothes baskets, a wheeled cart and \$15.

Ruby's Pantry

National Guard Armory
1245 Wall Street, New Richmond, WI 54017
(715) 268-7390 www.rubyspantry.org

3rd Thursday of month. Doors open at 4:30pm. Food distribution 5-6:30pm or preregister.
Bring large boxes or clothes baskets and \$20.

DESPENSAS DE COMIDA

Lleve su factura de teléfono o electricidad/gas para verificar su dirección. Use la despensa de comida en su distrito escolar o el Pierce County Food Pantry.

River Falls Food Pantry

222 N Main St., (715) 425-6880
Lunes 10-12 y 6:30-8 miércoles 1-5 jueves 6:30-8pm
Viernes 10-12, el 2^{do} y 4^{to} sábado de cada mes 10-12

Spring Valley Community Food Pantry

St. John's Lutheran Church Ed. Building
S425 Church Ave. (715) 778-5988
El 2^{do} y 4^{to} miércoles de cada mes 10-11:30 y 4:30-6pm

Prescott Area Food Pantry

720 St Croix St., Suite 119 (715) 262-4143
Jueves 9-11:30am, 1-5pm o con cita

Pierce County Food Pantry

167 W Main St., Ellsworth (715) 273-2070
Lunes, martes, jueves 9:30-12 pm, miércoles 4-6pm

Plum City Food Pantry

301 First St. (715) 647-2191
Jueves 10-2pm excepto el 2^{do} jueves de cada mes, 3-7pm

Elmwood Food Pantry

108 So Main St. (715) 639-2307
El 1^{er} martes de cada mes, 3-6pm y el 3^{er} martes de cada mes, 9am-1pm

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)

Las despensas de comida de Plum City, área de Prescott Area, River Falls, Pierce County y Spring Valley Community son puntos TEFAP. Los participantes deben tener ingresos elegibles para beneficiarse de TEFAP.

TAMAÑO
DEL HOGAR

INGRESO BRUTO
MENSUAL DEL HOGAR:

1	\$1,872
2	\$2,538
3	\$3,204
4	\$3,870
5	\$4,536

HUNGER PREVENTION COUNCIL OF PIERCE COUNTY, INC.

Una organización sin fines de lucro dedicada a reducir el hambre y la nutrición inadecuada en el condado de Pierce a través del servicio, la educación, la comunicación y la coordinación.

PROGRAMAS DEL CONSEJO PARA LA PREVENCIÓN DEL HAMBRE

Educational Opportunities

Moolah for Milk

Pierce County Food Pantries

Venison Donation Program

**PARA OBTENER MÁS INFORMACIÓN,
OPORTUNIDADES PARA VOLUNTARIOS O
HACER UN DONATIVO, COMUNÍQUESE CON:**

Hunger Prevention Council Pierce County, Inc.
Directora Ejecutiva, Jennifer Thatcher
PO Box 201
Ellsworth, WI 54011
Teléfono: (715) 273-2070
Correo electrónico:
hungerprevention@gmail.com
Website: hungerpreventioncouncil.com



Esta institución brinda igualdad de oportunidades para acceder a sus servicios



Proporcionado por



Marzo de 2018

EL PROGRAMA “FOODSHARE”

Especialista en comunicación de FoodShare:

Maureen at (715) 496-3121 (ayuda para determinar elegibilidad y para solicitudes)

Para solicitar:

En línea: www.access.wisconsin.gov

Llame: Great Rivers Call Center
1(888)283-0012

En persona: Oficina de apoyo económico,
412 W. Kinne St., Ellsworth, WI

DESAYUNO Y ALMUERZO EN LA ESCUELA

Contacto: Distritos escolares individuales

Ellsworth	(715) 273-3911
Elmwood	(715) 639-2711
Plum City	(715) 647-2511
River Falls	(715) 425-1800
Spring Valley	(715) 778-5551 ext. 5109
Prescott	(715) 262-5782

Los ingresos del hogar determinan si una familia es elegible para recibir comidas gratuitas o de precio reducido. Los programas de desayuno y almuerzo escolar deben cumplir con los requisitos de nutrición establecidos por el gobierno federal.

EL PROGRAMA “BACKPACK”

Con la recomendación del personal de la escuela, un estudiante elegible recibe una mochila de alimentos no perecederos el viernes. Disponible en algunas Escuelas Primarias del Condado de Pierce, comuníquese con la enfermera de la escuela para obtener más información.

FOODWISE UW-EXTENSION, PIERCE COUNTY

Teléfono: (715) 273-6781

Alimentos, nutrición y administración de recursos, información educativa y materiales para personas y familias elegibles según sus ingresos.

(WIC) PROGRAMA ESPECIAL DE ALIMENTOS SUPLEMENTARIOS PARA MUJERES, BEBÉS y NIÑOS

Contacto: Dpto. de Salud Pública del condado de Pierce
Teléfono: (715) 273-6758

El Programa WIC tiene un límite de elegibilidad de ingresos, 185% del nivel de pobreza oficial. Es un programa de alimentos suplementarios, que también proporciona exámenes de salud y educación nutricional para mujeres embarazadas y lactantes, bebés y niños menores de 5 años.

SALVATION ARMY

Teléfono: Condado de Pierce – (715) 307-7750
Prescott – (715) 262-5000

Para emergencias de alimentos, un operador puede conectar a las personas con voluntarios en su área inmediata.

WEST CAP, INC.

Senior Farmer's Market Nutrition Program (SFMNP)
Commodity Supplemental Food Program (CSFP)
Llame al (715) 977-1191 para más información.



CENTROS DE COMIDA PARA PERSONAS DE TERCERA EDAD Y COMIDAS A DOMICILIO

Teléfono: (715) 273-6780

Las comidas al mediodía se ofrecen diariamente a las personas de tercera edad en seis lugares del condado de Pierce. Las comidas se pueden entregar a domicilio en cada área a las personas que están confinadas en su casa, de manera temporal o permanente.

OTRAS COMIDAS COMUNITARIAS GRATUITAS

First Presbyterian Church

Esquina de Hwy 65 y Hwy 10, Ellsworth
El 2^{do} miércoles de cada mes, funciona de 5 a 6pm

St Bridget's Church

211 E Division St., River Falls
Sopa y pan, el 3^{er} martes de cada mes, de 5 a 6pm

Servant of the Shepherd Church

103 N. 4th Street, River Falls, WI 54022
Todos los domingos a las 12:15pm

DISTRIBUCIÓN DE ALIMENTOS

Food Harvest of St Croix Valley

Afton-Lakeland Elementary School
475 St Croix Trail, Lakeland, MN 55043
Tim Airport (612) 708-6799

El 3^{er} sábado de cada mes. Las puertas abren a las 7am. Se empieza a distribuir a las 8am. Todos son bienvenidos. Lleve cajas grandes o canastas para ropa, una carretilla y \$15.

Ruby's Pantry

National Guard Armory
1245 Wall Street, New RichLund, WI 54017
(715) 268-7390 www.rubyspantry.org

El 3^{er} jueves de cada mes. Las puertas abren a las 4:30pm. Distribución de alimentos de 5 a 6:30pm o se puede registrar con anticipación.
Lleve cajas grandes o canastas para ropa y \$20.

FoodShare

For guidelines & eligibility:

<http://www.dhs.wisconsin.gov/FoodShare>

FoodShare Outreach Specialist:

Maureen at 715-496-3121
(screening and application assistance)

To apply:

Online: www.access.wisconsin.gov

Call: Great Rivers Call Center
1-888-283-0012

In person: Economic Support Office,
1752 Dorset Lane, New Richmond, WI

Other Food Resources

Lakeside Foods

660 North Second Street
New Richmond, WI 54017 715-243-7367

\$6.50 per case/vegetables; cash only

1st Wednesday only, 1-3:00 pm

*Call first—not held every month.

Fare for All Express

Stillwater, MN
1-800-582-4291
www.fareforall.org

Sells packages of fruits, veggies & frozen meats.
Cash, check or EBT cards are accepted, amount
varies depending on package desired.

Food Distributions:

Food Harvest Ministry

Afton/Lakeland Elementary School
475 St. Croix Trail S. Lakeland, MN 55043
Tim Airport 612-708-6799

3rd Sat. Doors open 7 am, distribution begins 8am.
Bring large boxes or clothes baskets, and \$15.
Bring a wagon or wheeled cart if possible.

Ruby's Pantry

National Guard Armory
1245 Wall Street, New Richmond
715-246-4357 Mona Flanum
715-248-3675 Kathy Wettig
3rd Thurs. Doors open 4:30 pm. Food distribution
5-6:30pm. Bring large boxes or clothes baskets and \$20.
Can preregister at www.rubyspantry.org.

Ruby's Pantry

Congregational Church
201 Harriman Ave North, Amery
715-268-7390 heaven@amerytel.net

2nd Sat. Must purchase between 7:30-8:45.
Food distribution begins at 9 am.
Bring 2 large boxes or clothes baskets and \$20.
Can preregister at www.rubyspantry.org.



Provided By:



Pierce & St. Croix Counties



March 2018

Free Produce & Bakery Distribution

St. Patrick's Catholic Church

1500 Vine St, Hudson, WI 54016

Monday, 9:00am 715-381-5120

United Methodist Church

1401 Laurel Ave, Hudson, WI 54016

Wednesday, 9-9:30 715-386-3921

The Crossing Point

220 Vine St, Hudson, WI 54016

Every other Friday, 9 am 715-386-9589

Mt. Zion Lutheran Church

505 South 13th St, Hudson, WI 54016

The opposite Fridays from The Crossing Point,
distribution begins at 9 am 715-386-5409

Free Community Meals

United Methodist Church

209 E 2nd St, New Richmond, WI 54017

3rd Tuesday, 5-6:30 pm

Gethsemane Lutheran Church

1350 Florence St, Baldwin, WI 54002

1st Tuesday, 5-6:30 pm 715-684-2984

St. Bridget's Catholic Church

211 E Division St, River Falls, WI 54022

Soup & Bread: 3rd Tues, 5-6 pm 715-425-1870

Servant of the Shepherd Church

103 N. 4th Street, River Falls, WI 54022

Every Sunday at 12:15pm 715-425-6910

Bethel Lutheran Church

920 3rd St, Hudson, WI 54016 715-386-8821

1st & 3rd Thursday, 5-6:30 pm

First Baptist Church

309 Vine Street, Hudson, WI 54016

Every Wednesday 5:30-6:30 pm 715-386-9589

St. Mary's Catholic Church—Big River

Hwy 10 & E between Ellsworth-Prescott

W10137 570th Ave, River Falls, WI 54022

1st Tuesday: 6:00-7:00 pm 715-425-5806

Food Pantries

Bring ID or utility bill to verify address. Use the Food Pantry in your school district.

Baldwin/Woodville/Hammond Food Pantry

920 6th Ave, Baldwin, WI 54002

Hours: 2nd & 4th Wed., 10am-noon and 2-4pm

Or by appointment, if needed 715-688-3844

Five Loaves Food Shelf

144 W. Third St., New Richmond, WI 54017

715-246-5255 www.5loavesfoodandclothing.org

Open: Mon 6-7:30 pm; Tues 10 am—noon

Wed 2-4 pm; Thurs 6-7:30pm.

Hudson Christian Food Cupboard

St. Patrick's Church 1500 Vine St, Hudson WI 54016

Call for appointments: 715-338-0332

Open Mon-Thurs, 9-12:30; Tues 4-5:30

River Falls Community Food Pantry

222 N Main St, Ste. C, River Falls, WI 54022

715-425-6880 Hours: Mon 10-noon, & 6:30-8 pm

Wed 1-5pm; Thursday 6:30-8 pm;

Friday and 2nd & 4th Saturday 10-noon

Somerset Community Food Pantry

203 Church Hill Rd, Somerset, WI 54025

Call for an appointment: 715-247-2945

Monday: 9-11 am and 4-6 pm; Thursday: 4-6 pm

United Church of Christ Food Pantry

1001 Birch Dr, Roberts, WI 54023

Hours: Tues & Thurs, 9-11:30 am, Wed 6:30-8pm

Or by appointment, if needed 715-749-3478

West CAP/Food Access & Resource Center

Serving Glenwood City and Boyceville

823 Main St, Boyceville, WI 715-977-1191

Thursday: 3 pm—7 pm; Friday 9 am—1 pm

Free produce distribution Wednesdays 5-7pm

Zion Lutheran Church Food Pantry

221 N Lockwood St, Woodville WI 54028

By appointments only: 715-698-2707

WIC Program

Special Supplemental Food Program for Women, Infants, & Children

To apply call 715-246-8359 to apply or Email: wic@co.saint-croix.wi.us

The WIC Program is a supplemental food program which provides health screening, nutrition education and benefits for specific foods & infant formulas for pregnant & nursing women, infants and children under age 5. Income eligibility is 185% of the official poverty level.

Senior Farmers Market Nutrition Program

To apply call West CAP: 715-977-1191

Free checks for produce, May-October.
Serving income eligible seniors over 60:
\$1,859 month 1 person, \$2,504 for 2.

Commodity Supplement Food Program for Seniors

To apply call 715-977-1191

For seniors age 60+; at or below \$1,307 for one person, \$1,760 for two persons.

The Emergency Food Assistance Program (TEFAP)

Many food pantries are TEFAP outlets. Participants must be income eligible to benefit from TEFAP.

Family Size	Gross Monthly Income
1	\$1872
2	\$2538
3	\$3204
4	\$3870
5	\$4536

FoodShare

Para ver las reglas y la elegibilidad:

<http://www.dhs.wisconsin.gov/FoodShare>

Especialista en comunicación de FoodShare

Comuníquese con Maureen al 715-496-3121
(ayuda para determinar elegibilidad y para solicitudes)

Para solicitar:

En línea:

Llame: Servicio telefónico de atención al cliente
1-888-283-0012

En persona: Oficina de apoyo económico,
1752 Dorset Lane, New Richmond, WI

Otros recursos para alimentos

Lakeside Foods

660 North Second Street
New Richmond, WI 54017 715-243-7367

\$6.50 por caja caja/verduras; solo efectivo el 1^{er} miércoles de cada mes,

de 1 a 3:00 pm

*Llame primero — no abre todos los meses

Fare for All Express

Stillwater, MN

1-800-582-4291

www.fareforall.org

Vende paquetes de frutas, verduras y carnes congeladas. Se acepta efectivo, cheque o tarjetas EBT, las cantidades varían dependiendo del paquete que quiera.

Distribución de alimentos:

Food Harvest Ministry

Afton/Lakeland Elementary School

475 St. Croix Trail S., Lakeland, MN 55043

Tim Ailport 612-708-6799

El 3^{er} sábado de cada mes. Las puertas abren a las 7 am, se empieza a repartir a las 8am. Lleve cajas grandes o cestas para ropa, y \$15.

Lleve una carreta o carretilla si es posible.

Ruby's Pantry

National Guard Armory

1245 Wall Street, New Richmond

715-246-4357 Mona Flanum

715-248-3675 Kathy Wettig

El 3^{er} jueves de cada mes. Las puestas abren a las 4:30 pm. La comida se distribuye de 5 a 6:30pm. Lleve cajas grandes o cestas para ropa, y \$20. Se puede registrar con anticipación en www.rubyspantry.org

Ruby's Pantry

Congregational Church

201 Harriman Ave North, Amery, WI

715-268-7390 heaven@amerytel.net

El 2^{do} sábado de cada mes. Debe comprar entre las 7:30-8:45. La comida se empieza a distribuir a las 9 am. Lleve 2 cajas grandes o cestas para ropa, y \$20. Se puede registrar con anticipación en

www.rubyspantry.org



Proporcionado por:



Los condados de Pierce y St. Croix



Marzo de 2018

Distribución gratuita de frutas, verduras y panes

St. Patrick's Catholic Church

1500 Vine St, Hudson, WI 54016

Todos los lunes, 9:00am 715-381-5120

United Methodist Church

1401 Laurel Ave, Hudson, WI 54016

Todos los miércoles, de 9 a 9:30 715-386-3921

The Crossing Point

220 Vine St, Hudson, WI 54016

Cada dos viernes, 9 am 715-386-9589

Mt. Zion Lutheran Church

505 South 13th St, Hudson, WI 54016

Los viernes que The Crossing Point no abre, se empieza a distribuir a las 9 am 715-386-5409.

Comidas comunitarias gratuitas

United Methodist Church

209 E 2nd St, New Richmond, WI 54017

El 3^{er} martes de cada mes, de 5 a 6:30 pm

Gethsemane Lutheran Church

1350 Florence St, Baldwin, WI 54002

El 1^{er} martes de cada mes, de 5 a 6:30 pm

715-684-2984

St. Bridget's Catholic Church

211 E Division St, River Falls, WI 54022

Sopa y pan: El 3^{er} martes de cada mes, de 5 a 6 pm

715-425-1870

Servant of the Shepherd Church

103 N. 4th Street, River Falls, WI 54022

Todos los domingos a las 12:15pm 715-425-6910

Bethel Lutheran Church

920 3rd St, Hudson, WI 54016 715-386-8821

El 1^{er} y 3^{er} martes de cada mes, de 5 a 6:30 pm

First Baptist Church

309 Vine Street, Hudson, WI 54016

Todos los miércoles de 5:30 a 6:30 pm 715-386-9589

St. Mary's Catholic Church—Big River Hwy 10

& E entre Ellsworth-Prescott W10137 570th

Ave, River Falls, WI 54022 El 1^{er} martes de cada

mes de 6 a 7pm 715-425-5806

Despensa de alimentos

Lleve su identificación para verificar su dirección.
Use la despensa de alimentos en su distrito escolar.

Despensa de alimentos de

Baldwin/Woodville/Hammond

920 6th Ave, Baldwin, WI 54002

Horas: El 2^{do} y 4^{to} miércoles de cada mes, de 10am a 12pm y de 2 a 4pm O con cita, si es necesario
715-688-3844

Five Loaves Food Shelf

144 W. Third St., New Richmond, WI 54017

715-246-5255 www.5loavesfoodandclothing.org

Está abierto los lunes de 6 a 7:30pm; los martes de 10am a 12pm; los miércoles de 2 a 4pm; los jueves de 6 a 7:30pm.

Hudson Christian Food Cupboard

St. Patrick's Church 1500 Vine St, Hudson WI 54016

Llame para programar una cita: 715-338-0332

Está abierto de martes a jueves, de 9 a 12:30; los martes de 4 a 5:30.

River Falls Community Food Pantry

222 N Main St, Ste. C, River Falls, WI 54022

715-425-6880 Abierto los lunes de 10am a 12pm y de 6:30 a 8pm; los miércoles de 1 a 5pm; los jueves de 6:30 a 8pm; los viernes y el 2^{do} y 4^{to} sábado de cada mes de 10am a 12pm

Somerset Community Food Pantry

203 Church Hill Rd, Somerset, WI 54025

Llame para programar una cita: 715-247-2945 Abierto los lunes de 9 a 11am y de 4 a 6pm; los jueves de 4 a 6pm

United Church of Christ Food Pantry

1001 Birch Dr, Roberts, WI 54023

Abierto los martes y los jueves, de 9 a 11:30am, los miércoles de 6:30 a 8pm o con cita, si es necesario, 715-749-3478

West CAP/Food Access & Resource Center

Para Glenwood City y Boyceville

Abierto los jueves de 3 a 7pm; los viernes de 9am a 1pm., Distribución gratuita de frutas y verduras los miércoles de 5 a 7pm

Zion Lutheran Church Food Pantry

221 N Lockwood St, Woodville, WI 54028

Solo con cita: 715-698-2707

Programa "WIC"

Programa especial de alimentos suplementarios para mujeres, bebés y niños. Para solicitar llame al 715-246-8359 para solicitar o envíe un correo electrónico: wic@co.saint-croix.wi.us

El programa WIC es un programa de alimentos suplementarios que ofrece exámenes médicos, educación sobre nutrición y beneficios para alimentos específicos y fórmulas de bebés para las mujeres embarazadas y en periodo de lactancia, bebés y niños menores de 5 años. La elegibilidad de ingresos es del 185% del nivel de pobreza oficial.

Senior Farmers Market Nutrition Program

Para solicitar, llame a West CAP: 715-977-1191

Cheques gratuitos para frutas y verduras que se pueden usar para hacer compras en mercados de agricultores pre-aprobados, de mayo a octubre. Da servicio a adultos mayores de 60 años y elegibles según sus ingresos: \$1,859 mes 1 persona, \$2,504 para 2.

Commodity Supplement Food Program for Seniors

Para solicitar, llame al 715-977-1191

Para personas mayores de 60 años; en o por debajo de \$1,307 por persona, \$1,760 por dos personas.

The Emergency Food Assistance Program (TEFAP)

Muchas despensas de alimentos distribuyen alimentos de TEFAP. Los participantes deben tener ingresos elegibles para beneficiarse de TEFAP.

Familia	Ingreso Mensual Bruto
1	\$1872
2	\$2538
3	\$3204
4	\$3870
5	\$4536

