

Food Drive Toolkit



**Fall/Winter
2019**

Presented by:



Extension
UNIVERSITY OF WISCONSIN-MADISON

SAFE & HEALTHY
FOOD PANTRIES
PROJECT

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- St. Croix County Food Resource Directory (English and Spanish)
- Polk County Community Food Resource Directory (English and Spanish)

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Introduction:

Hello food pantry donors, organizers, groups and organizations,

Thank you for your interest in organizing and contributing to food drives. You can make a big impact by hosting an event that benefits your local food pantry. There are many ways, large and small, that you can make a big impact on reducing hunger right here in your community.

The need is great. Almost 1 in 9 Wisconsin households are food-insecure, meaning that they lack assured access to sufficient foods to support a healthy and active life. **Data shows that as many as 42% of Pierce County residents, 34% of Polk County residents, and 31% of St. Croix County residents struggle to meet their basic monthly food needs.**

(United Way St. Croix Valley ALICE Report, 2016) Many of these families, due to their lack of money, may run out of food, cut back on the size of meals, or skip meals altogether.

Hunger and food insecurity are linked to additional problems. For children, these may include overall poor health, as well as behavioral, learning and academic problems. Impoverished adults often report choosing between medication, rent, transportation, or food. Food insecure seniors are more than twice as likely to report bad health as food-secure seniors. (Source: Poverty and Food Security in Pierce County, Wisconsin; Curtis, Bartfeld, Lessem, 2014)

The food pantries of Pierce, Polk, and St. Croix Counties serve as an emergency food system for individuals and families who are struggling to meet their nutritional needs. A 2014 Feeding America Hunger Study found that nearly 2 in 3 households plan for charitable food assistance as part of their monthly household budget. (Feeding America Hunger in America 2014. www.feedingamerica.org/hunger-in-america/our-research/hunger-in-america) This means that they are relying on food pantries to meet the needs of their family.

Your local food pantries cannot meet this need without community support. There are many ways that individuals can contribute to the local food environment, and this manual will guide you as you plan and promote your food drive. The message and materials included in this manual will provide you the resources that you need to support the health of those most in need.

Thank you for your interest in hosting a food drive or fundraiser to reduce food insecurity in Pierce, Polk, and St. Croix Counties. You are making a difference.

For more information, updates and resources, contact:

Katie Bartko, FoodWise Program Coordinator, Pierce, Polk & St. Croix Counties
UW – Madison, Division of Extension
Katie.bartko@wisc.edu

Hunger Prevention Council of Pierce County

ALICE IN PIERCE COUNTY

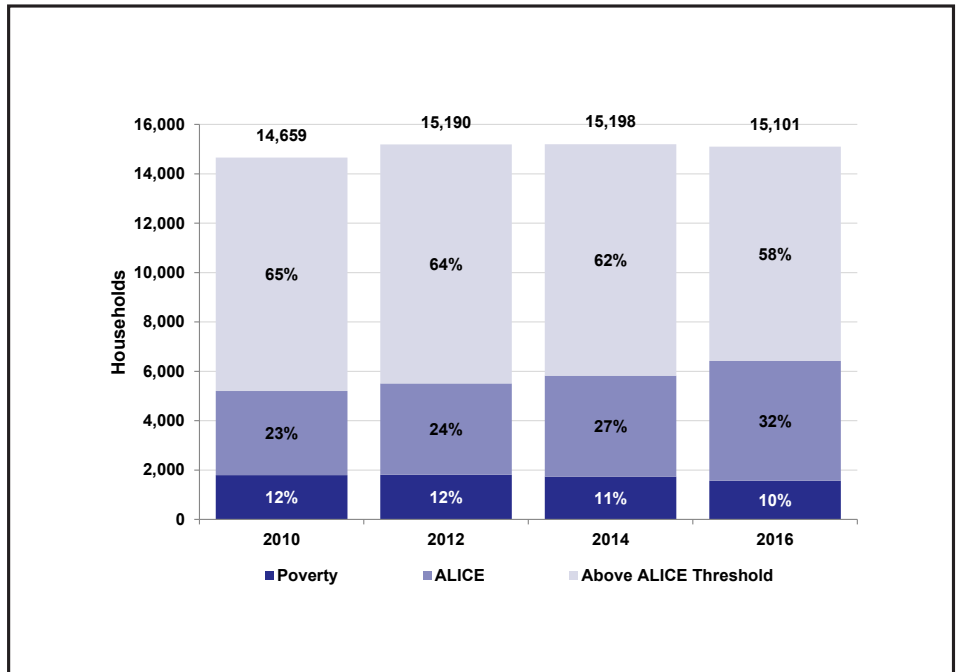
2016 Point-in-Time Data

Population: 40,881 • **Number of Households:** 15,101
Median Household Income: \$64,364 (state average: \$56,811)
Unemployment Rate: 3% (state average: 4.1%)
ALICE Households: 32% (state average: 25.8%) • **Households in Poverty:** 10% (state average: 11.7%)

How has the number of ALICE households changed over time?

ALICE is an acronym for **A**sset Limited, **I**ncome **C**onstrained, **E**mloyed – households that earn more than the Federal Poverty Level, but less than the basic cost of living for the county (the ALICE Threshold). Combined, the number of ALICE and poverty-level households equals the total population struggling to afford basic needs. The number of households below the ALICE Threshold changes over time; households move in and out of poverty and ALICE status as their circumstances improve or worsen. The recovery, which started in 2010, has been uneven across the state. Conditions have improved for some families, but with rising costs, many still find themselves struggling.

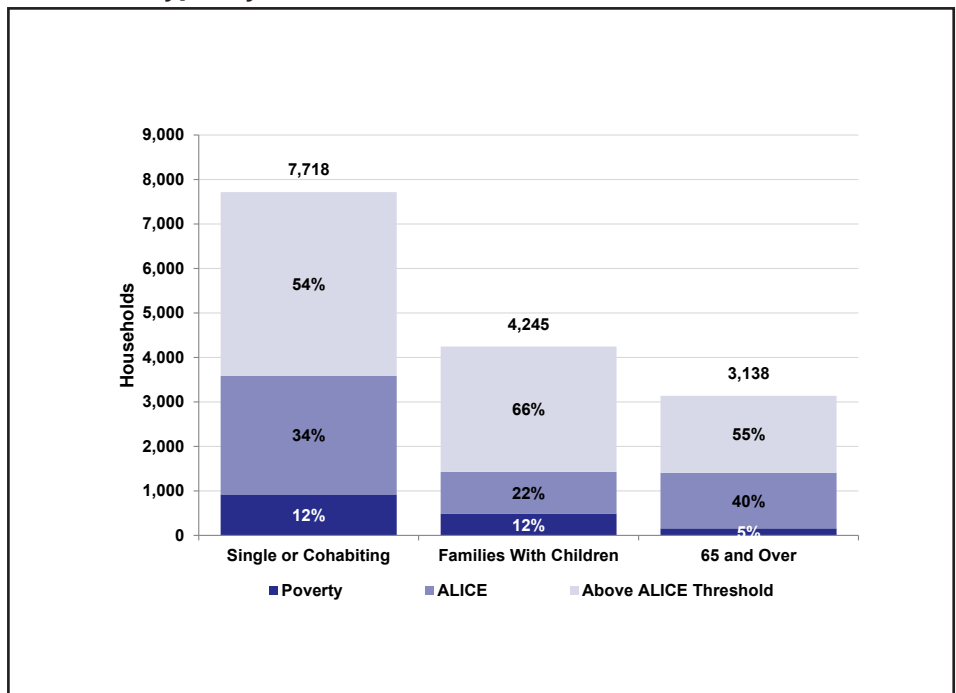
Households by Income, 2010 to 2016



What types of households are struggling?

The way Americans live is changing. There are more different family and living combinations than ever before, including more adults living alone, with roommates, or with their parents. Families with children are changing: There are more non-married cohabiting parents, same-sex parents, and blended families with remarried parents. The number of senior households is also increasing. Yet all types of households continue to struggle: ALICE and poverty-level households exist across all of these living arrangements.

Household Types by Income, 2016



Why do so many households struggle?

The cost of living continues to increase...

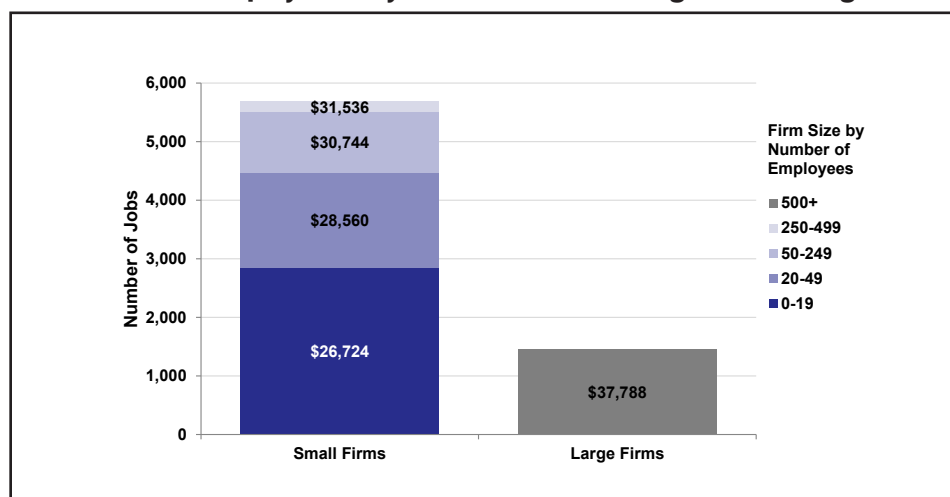
The Household Survival Budget reflects the bare minimum that a household needs to live and work today. It does not include savings for emergencies or future goals like college. In 2016, costs were well above the Federal Poverty Level of \$11,880 for a single adult and \$24,300 for a family of four. Family costs increased by 18 percent statewide from 2010 to 2016, compared to 9 percent inflation nationally.

Household Survival Budget, Pierce County		
	SINGLE ADULT	2 ADULTS, 1 INFANT, 1 PRESCHOOLER
Monthly Costs		
Housing	\$656	\$1,027
Child Care	\$-	\$1,205
Food	\$158	\$525
Transportation	\$406	\$811
Health Care	\$255	\$962
Technology	\$55	\$75
Miscellaneous	\$186	\$543
Taxes	\$334	\$821
Monthly Total	\$2,050	\$5,969
ANNUAL TOTAL	\$24,600	\$71,628
Hourly Wage	\$12.30	\$35.81

...and wages lag behind

Employment and wages vary by location; firms generally pay higher wages in areas with a higher cost of living, although those wages still do not always cover basic needs. Employment and wages also vary by firm size: Large firms tend to offer higher wages and more job stability; smaller businesses can account for more jobs overall, especially in rural areas, but may pay less and offer less stability. Medium-size firms pay more but typically employ the fewest workers.

Private-Sector Employment by Firm Size With Average Annual Wages, 2016



Sources: 2016 Point-in-Time Data: American Community Survey. ALICE Demographics: American Community Survey; the ALICE Threshold. Budget: U.S. Department of Housing and Urban Development; U.S. Department of Agriculture; Bureau of Labor Statistics; Internal Revenue Service; Tax Foundation; and Wisconsin Department of Children and Families, 2016.

Pierce County, 2016		
Town	Total HH	% ALICE & Poverty
Bay City village	201	59%
Clifton	687	17%
Diamond Bluff	192	36%
El Paso	251	28%
Ellsworth	456	22%
Ellsworth village	1,266	56%
Elimwood village	330	56%
Gilman	382	34%
Hartland	336	35%
Isabelle	122	38%
Maiden Rock	280	49%
Martell	397	28%
Oak Grove	817	24%
Plum City village	230	62%
Prescott city	1,589	35%
River Falls	922	31%
River Falls city	3,909	58%
Rock Elm	190	59%
Salem	193	34%
Spring Lake	235	39%
Spring Valley village	559	50%
Trenton	656	29%
Trimbelle	655	36%
Union	215	44%

Note: Municipal-level data on this page is 5-year averages for Census Places and County Subdivisions. Totals will not always match county-level numbers because some county-level data is 1-year estimates.

ALICE IN POLK COUNTY

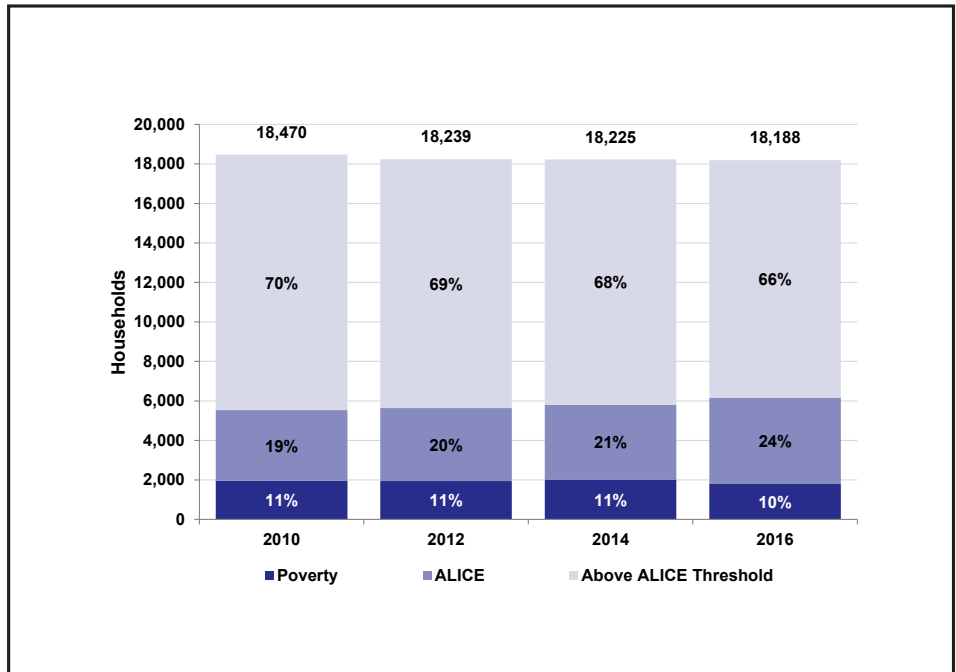
2016 Point-in-Time Data

Population: 43,483 • **Number of Households:** 18,188
Median Household Income: \$52,039 (state average: \$56,811)
Unemployment Rate: 6% (state average: 4.1%)
ALICE Households: 24% (state average: 25.8%) • **Households in Poverty:** 10% (state average: 11.7%)

How has the number of ALICE households changed over time?

ALICE is an acronym for **A**sset Limited, **I**ncome **C**onstrained, **E**mloyed – households that earn more than the Federal Poverty Level, but less than the basic cost of living for the county (the ALICE Threshold). Combined, the number of ALICE and poverty-level households equals the total population struggling to afford basic needs. The number of households below the ALICE Threshold changes over time; households move in and out of poverty and ALICE status as their circumstances improve or worsen. The recovery, which started in 2010, has been uneven across the state. Conditions have improved for some families, but with rising costs, many still find themselves struggling.

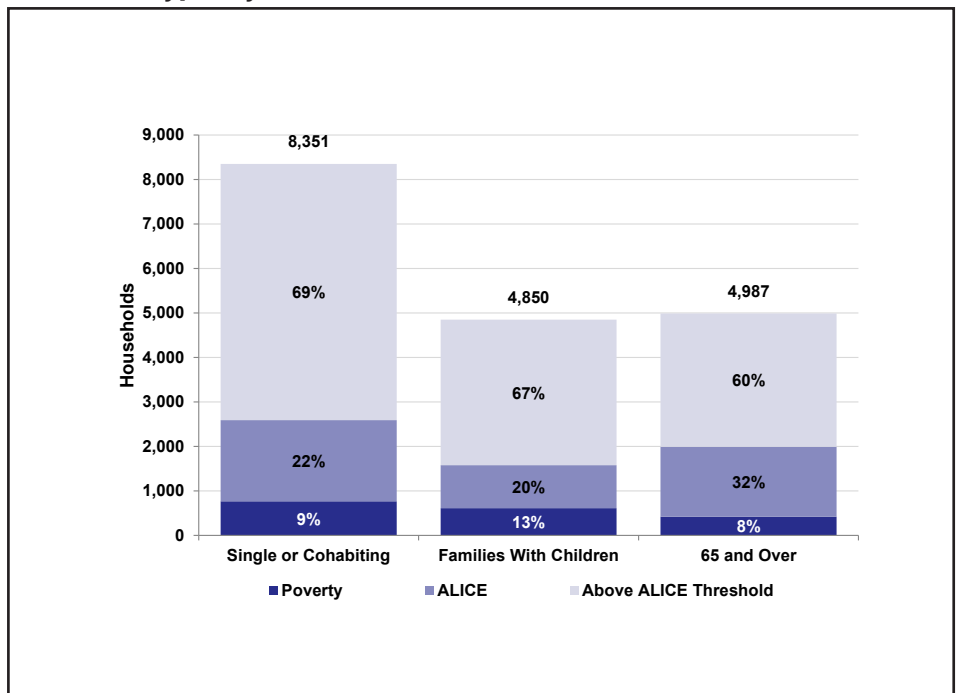
Households by Income, 2010 to 2016



What types of households are struggling?

The way Americans live is changing. There are more different family and living combinations than ever before, including more adults living alone, with roommates, or with their parents. Families with children are changing: There are more non-married cohabiting parents, same-sex parents, and blended families with remarried parents. The number of senior households is also increasing. Yet all types of households continue to struggle: ALICE and poverty-level households exist across all of these living arrangements.

Household Types by Income, 2016



Why do so many households struggle?

The cost of living continues to increase...

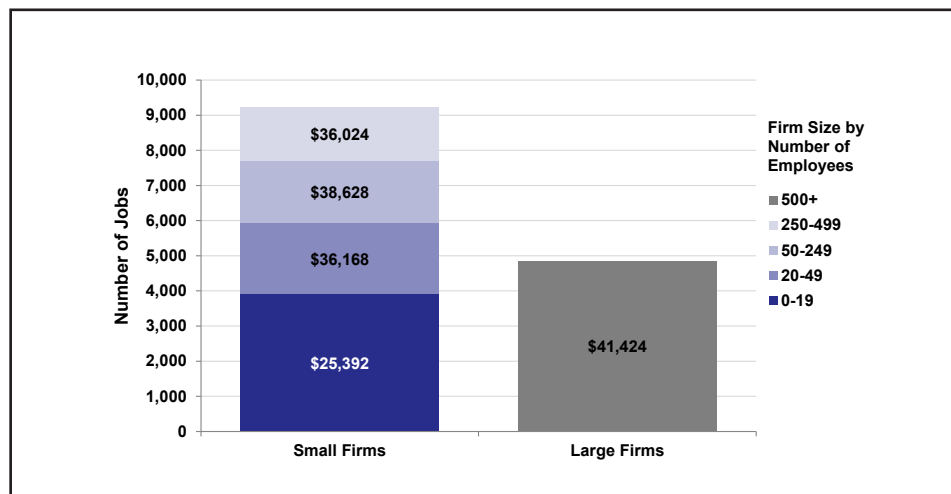
The Household Survival Budget reflects the bare minimum that a household needs to live and work today. It does not include savings for emergencies or future goals like college. In 2016, costs were well above the Federal Poverty Level of \$11,880 for a single adult and \$24,300 for a family of four. Family costs increased by 18 percent statewide from 2010 to 2016, compared to 9 percent inflation nationally.

Household Survival Budget, Polk County		
	SINGLE ADULT	2 ADULTS, 1 INFANT, 1 PRESCHOOLER
Monthly Costs		
Housing	\$478	\$775
Child Care	\$-	\$1,060
Food	\$158	\$525
Transportation	\$349	\$697
Health Care	\$214	\$800
Technology	\$55	\$75
Miscellaneous	\$148	\$448
Taxes	\$229	\$548
Monthly Total	\$1,631	\$4,928
ANNUAL TOTAL	\$19,572	\$59,136
Hourly Wage	\$9.79	\$29.57

...and wages lag behind

Employment and wages vary by location; firms generally pay higher wages in areas with a higher cost of living, although those wages still do not always cover basic needs. Employment and wages also vary by firm size: Large firms tend to offer higher wages and more job stability; smaller businesses can account for more jobs overall, especially in rural areas, but may pay less and offer less stability. Medium-size firms pay more but typically employ the fewest workers.

Private-Sector Employment by Firm Size With Average Annual Wages, 2016



Sources: 2016 Point-in-Time Data: American Community Survey. ALICE Demographics: American Community Survey; the ALICE Threshold. Budget: U.S. Department of Housing and Urban Development; U.S. Department of Agriculture; Bureau of Labor Statistics; Internal Revenue Service; Tax Foundation; and Wisconsin Department of Children and Families, 2016.

Polk County, 2016		
Town	Total HH	% ALICE & Poverty
Alden	1,082	21%
Amery city	1,300	48%
Apple River	458	31%
Balsam Lake	582	24%
Balsam Lake village	347	45%
Beaver	291	37%
Black Brook	555	31%
Bone Lake	277	27%
Centuria village	397	63%
Ciam Falls	231	53%
Clayton	471	26%
Clayton village	219	46%
Clear Lake	294	24%
Clear Lake village	453	46%
Dresser village	391	41%
Eureka	643	25%
Farmington	653	17%
Frederic village	448	51%
Garfield	654	19%
Georgetown	496	32%
Johnstown	202	32%
Laketown	360	27%
Lincoln	887	26%
Lorain	130	45%
Luck	384	31%
Luck village	494	44%
McKinley	130	42%
Milltown	511	32%
Milltown village	515	51%
Osceola	1,063	19%
Osceola village	1,070	39%
St. Croix Falls	502	23%
St. Croix Falls city	1,027	43%
Sterling	313	43%
West Sweden	336	33%

Note: Municipal-level data on this page is 5-year averages for Census Places and County Subdivisions. Totals will not always match county-level numbers because some county-level data is 1-year estimates.

ALICE IN ST. CROIX COUNTY

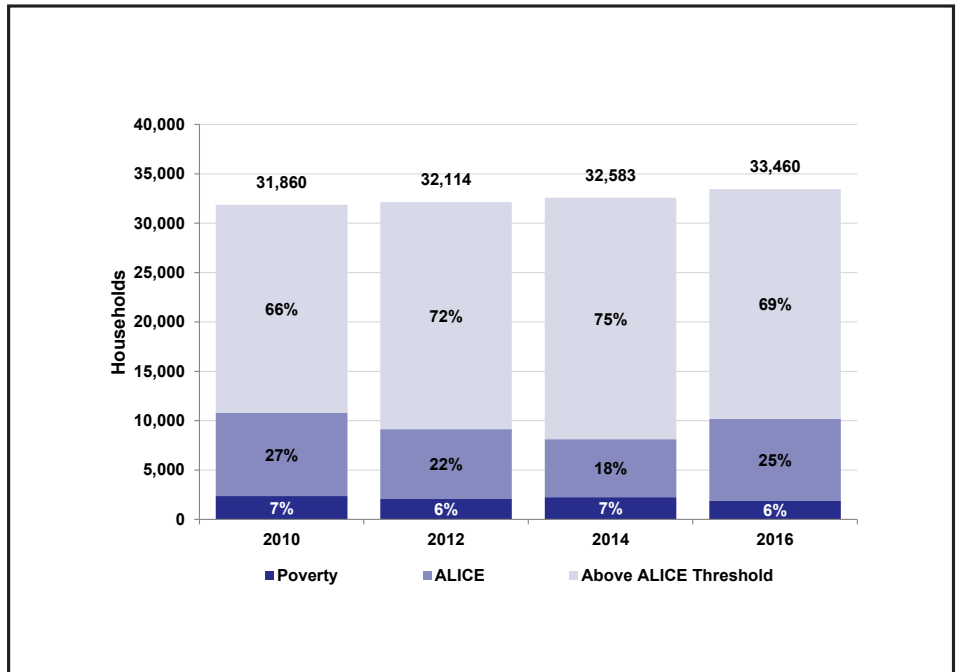
2016 Point-in-Time Data

Population: 88,029 • **Number of Households:** 33,460
Median Household Income: \$72,865 (state average: \$56,811)
Unemployment Rate: 2% (state average: 4.1%)
ALICE Households: 25% (state average: 25.8%) • **Households in Poverty:** 6% (state average: 11.7%)

How has the number of ALICE households changed over time?

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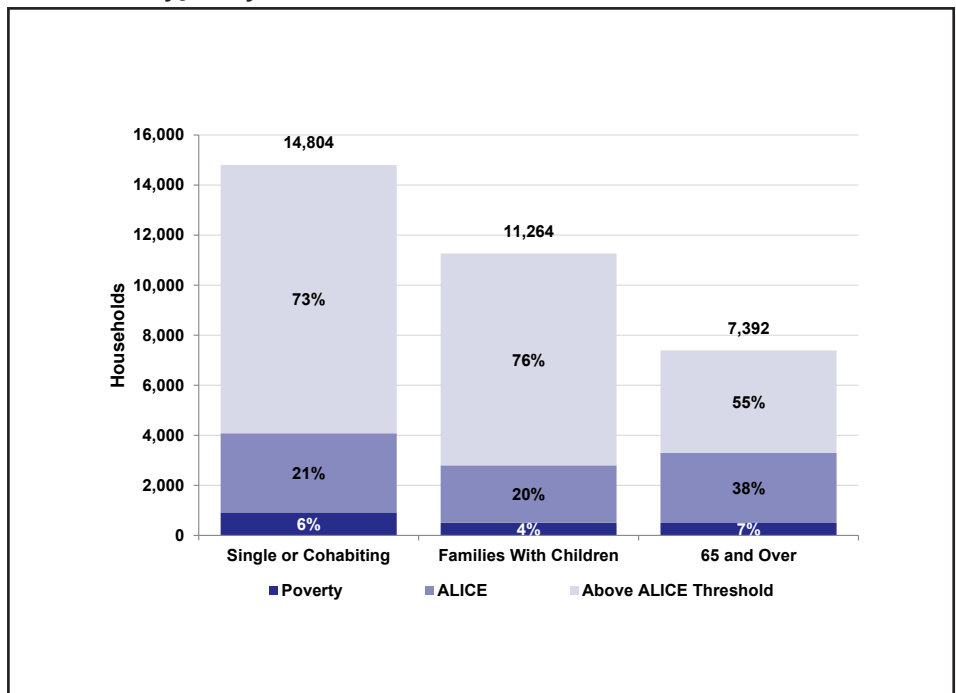
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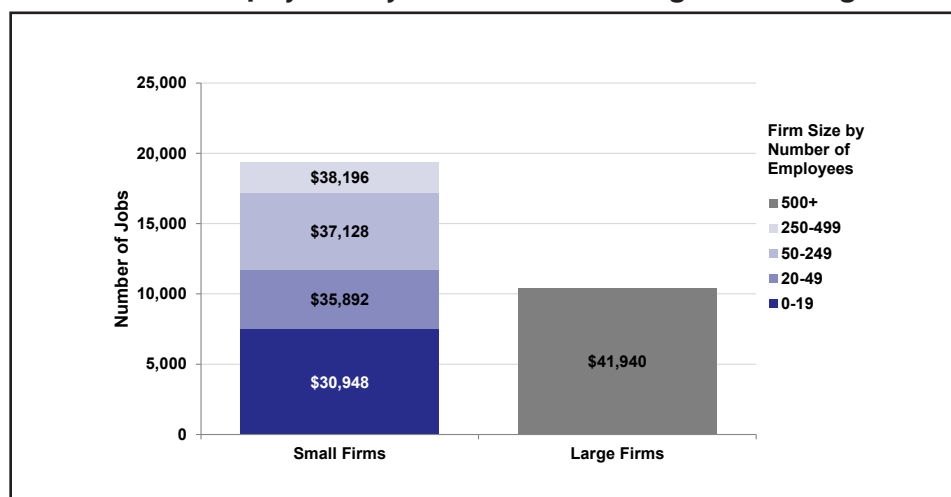
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Household Survival Budget, St. Croix County		
	SINGLE ADULT	2 ADULTS, 1 INFANT, 1 PRESCHOOLER
Monthly Costs		
Housing	\$656	\$1,027
Child Care	\$-	\$1,355
Food	\$158	\$525
Transportation	\$349	\$697
Health Care	\$214	\$800
Technology	\$55	\$75
Miscellaneous	\$173	\$525
Taxes	\$295	\$770
Monthly Total	\$1,900	\$5,774
ANNUAL TOTAL	\$22,800	\$69,288
Hourly Wage	\$11.40	\$34.64

...and wages lag behind

Employment and wages vary by location; firms generally pay higher wages in areas with a higher cost of living, although those wages still do not always cover basic needs. Employment and wages also vary by firm size: Large firms tend to offer higher wages and more job stability; smaller businesses can account for more jobs overall, especially in rural areas, but may pay less and offer less stability. Medium-size firms pay more but typically employ the fewest workers.

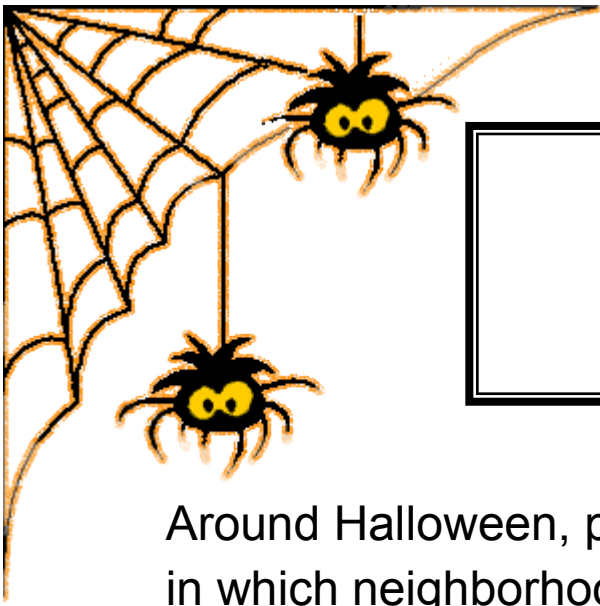
Private-Sector Employment by Firm Size With Average Annual Wages, 2016



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St. Croix County, 2016		
Town	Total HH	% ALICE & Poverty
Baldwin	346	20%
Baldwin village	1,704	42%
Cady	305	28%
Cylon	265	32%
Deer Park village	115	44%
Eau Galle	411	26%
Emerald	278	29%
Erin Prairie	267	21%
Forest	242	29%
Glenwood	296	37%
Glenwood City city	553	48%
Hammond	708	15%
Hammond village	761	33%
Hudson	2,821	9%
Hudson city	5,640	31%
Kinnickinnic	618	12%
New Richmond city	3,337	45%
North Hudson village	1,569	33%
Pleasant Valley	197	29%
Richmond	1,150	15%
River Falls city	1,411	31%
Roberts village	645	37%
Rush River	201	28%
Somerset	1,465	34%
Somerset village	942	36%
Springfield	325	29%
St. Joseph	1,353	13%
Stanton	363	29%
Star Prairie	1,313	23%
Star Prairie village	240	38%
Troy	1,797	6%
Warren	591	17%
Wilson village	100	15%
Woodville village	478	55%

Note: Municipal-level data on this page is 5-year averages for Census Places and County Subdivisions. Totals will not always match county-level numbers because some county-level data is 1-year estimates.



Trick, Treat — What's to Eat?

Around Halloween, pull a switch by conducting a food drive in which neighborhood children go door to door in your neighborhood (accompanied by an adult) asking for canned food donations. Make sure to send out flyers well in advance so your neighbors are in on the plan. This is a good way for kids to begin to associate the holiday with community service and the spirit of giving, too. (This won't work everywhere, so obtain the proper permissions before you get too far into the planning process.)



MEETING THE NEED

Protein foods are donated less often than other types of food to food pantries. Help us meet the protein needs of our neighbors by conducting a protein-themed food drive.

*Check with your food pantry before donating perishable items (things that need refrigeration/freezing).

- ◇ Peanut (and other nut) butter
- ◇ Eggs
- ◇ Cottage cheese
- ◇ Yogurt
- ◇ Cheese
- ◇ Milk
- ◇ Meat
- ◇ Canned tuna
- ◇ Canned chicken
- ◇ Canned soups with meat
- ◇ Canned meals with meat
- ◇ Nuts
- ◇ Dried beans and peas
- ◇ Canned beans and peas



Winter Warm Up



Organize a food drive with warm winter foods in mind. What's better on a cold Wisconsin day than oatmeal, warm soup, or hot chocolate? Think comfort foods!

❄️ Canned soup

❄️ Soup mixes

❄️ Hot chocolate

❄️ Oatmeal and hot cereals

❄️ Coffee & Tea

❄️ Pasta

❄️ Rice

❄️ Potatoes

❄️ Gravy

❄️ Canned stews & Chili

❄️ Canned meats

❄️ Popcorn



Donating Foods?

Remember the “Food Drive Five”

Step One: Choose from the “Food Drive Five”



Protein Foods

Nuts, canned meat and seafood.



Fruits

Fresh, packed in juice & sauced.



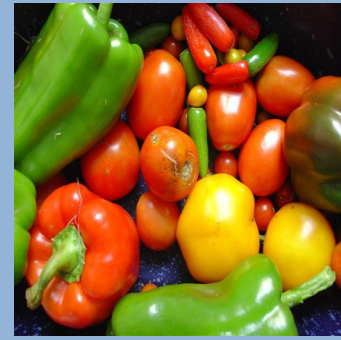
Soups

With protein and vegetables.



Whole Grain

Pastas and cereal.



Vegetables

Fresh, frozen, canned.

Step Two: Choose lower sodium options.

Step Three: Check expiration dates.

The Hunger Prevention Council is a nonprofit organization dedicated to reducing hunger and providing access to healthy foods across Pierce County.

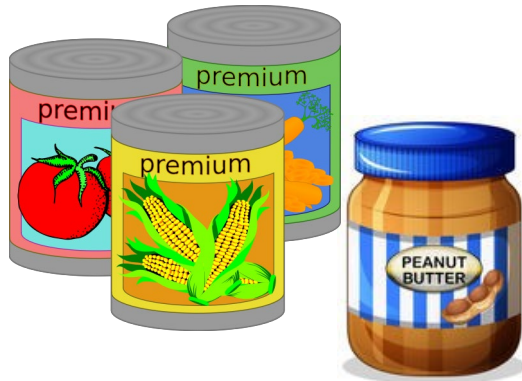
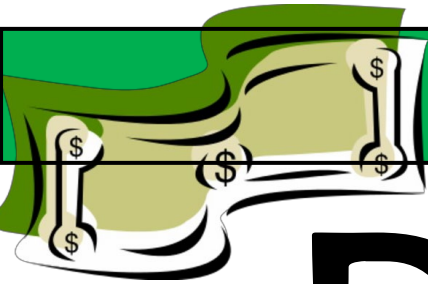


POWER



OF A

DOLLAR



\$10 Food
purchased from
local grocery store.

\$10 CASH
donation can buy
ALL THIS.



**HUNGER
PREVENTION
COUNCIL**

PIERCE COUNTY



Extension

UNIVERSITY OF WISCONSIN-MADISON

The **5** MOST WANTED

Food Pantry Donations

Every month, hundreds of Pierce, Polk & St. Croix County families depend on the food pantry for nutrition.



Peanut Butter



Spices & Seasoning

Oils & Dressing



Canned Fish & Meat



Fresh Produce



Your Donation Helps



FOOD PANTRIES

Bring utility or phone bill to verify address.
Use the food pantry in your school district or the Pierce County Food Pantry.

Elmwood Food Pantry

108 S. Main Street (715) 639-2307
1st Tues, 3-6pm & 3rd Tues 9am-1pm

Pierce County Food Pantry

440 N. Maple St. Ellsworth (715) 273-2070
Mon, Tues Thurs 9:30-Noon, Wed 4-6pm

Plum City Food Pantry

301 First Street (715) 647-2191
Thursdays 10-2pm except 2nd Thurs 3-7pm

Prescott Area Food Pantry

911 Pearl Street (715) 262 4143
Mon, Wed & Fri 9-2:30, Thurs 10-5

River Falls Community Food Pantry

705 St. Croix Street (715) 425-6880
Mon10-12 & 6:30-8, Wed 1-5, Thurs 6:30-8,
Fri & 2nd Sat 10-12

Spring Valley Community Food Pantry

S425 Church Ave (715) 778-5988
2nd & 4th Wed 10-11:30am & 4:30-6pm

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)

The Pierce County food pantries are all TEFAP outlets. Participants must be income eligible to benefit from TEFAP.

HOUSE-HOLD SIZE	CURRENT GROSS MONTHLY INCOME
1	\$1,926
2	\$2,607
3	\$3,288
4	\$3,970
5	\$4,651

FARE FOR ALL

Fare for All sells packages of fresh fruits, vegetables and frozen meats. Must preorder and prepay by Thursday of week before. Cash orders are taken at Our Neighbors Place and University center—UWRF. EBT orders call (763) 450-4217.

Pick up: United Methodist Church
127 S. 2nd St. River Falls

One Tuesday per month: 4:00-6:00pm. Call Miranda at (715) 307-6003 with questions. www.fareforall.org

HUNGER PREVENTION COUNCIL OF PIERCE COUNTY, INC.

A nonprofit organization dedicated to reducing hunger and providing access to healthy food across Pierce County.

For further information, volunteer opportunities or to make a donation, contact:

Hunger Prevention Council of Pierce County, Inc
PO Box 201
Ellsworth, WI 54011
Phone: (715) 273-2070
Email: hungerprention@gmail.com
Website: hungerpreventioncouncil.com



Spanish translations of this resource are available complements of UW-Madison, Division of Extension. The University of Wisconsin-Madison is an equal opportunity and affirmative action educator and employer.



PROVIDED BY:



November 2019

FOODSHARE PROGRAM

FoodShare Outreach Specialist:

Maureen at (715)496-3121
(screening and application assistance)

To apply:

Online: www.access.wisconsin.gov
Call: Great Rivers Call Center
1(888)283-0012
In person: Economic Support Office
412 W. Kinne St. Ellsworth, WI

SCHOOL BREAKFAST & LUNCH

Ellsworth	(715) 273-3900
Elmwood	(715) 639-2711
Plum City	(715) 647-2591
Prescott	(715) 262-5782
River Falls	(715) 425-1800
Spring Valley	(715) 778-5551 x 5109

Household income determines whether a family is eligible for reduced price or free meals. The school breakfast & lunch programs must meet nutrition requirements established by the federal government.

BACKPACK PROGRAM

With school staff recommendation, an eligible student receives a backpack of food on Friday. Available at some Pierce County schools. Contact the school nurse for more information.

FOODWISE

Phone: (715) 531-1934

Foods, nutrition and resource management education information and materials for income eligible individuals and families.

WIC—SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS AND CHILDREN

Contact: Pierce County Public Health Department
Phone: (715) 273-6758

The WIC Program has an income eligibility limit, 185% of the official poverty level. It is a supplemental food program, which also provides health screening and nutrition education for pregnant and nursing women, infants, and children under age 5.

SALVATION ARMY

Phone: (715) 307-7750

For emergency food needs an operator can connect persons with volunteers in their immediate area.

SENIOR FARMERS' MARKET NUTRITION PROGRAM

Phone: (715) 273-6780

Free checks for produce, May-October. Serving income eligible seniors over 60. Income limits are the same as current TEFAP guidelines.

COMMODITY SUPPLEMENT FOOD PROGRAM FOR SENIORS

Phone: (715) 977-1191

For seniors age 60+ at or below \$1,54 for one person, \$1,832 for two persons.

UNITED WAY 211

Call: 211 or (877) 947-2211
Text: Text your zip code to 898211
Search: 211wisconsin.org

211 connects you to critical health and human services in your community 24/7/365, at no cost.

SENIOR MEAL SITES & HOME DELIVERED MEALS

Phone: (715) 273-6780

Mid-day meals offered daily to senior citizens at five sites in Pierce County. Meals can be delivered in each area to persons who are temporarily or permanently homebound.

FREE COMMUNITY MEALS

First Presbyterian Church

Corner of Hwy 65 & Hwy 10, Ellsworth
2nd Wednesdays, serving 5:00-6:00 pm

Servant of the Shepherd Church

103 N. 4th Street, River Falls
Every Sunday at 12:15pm

FOOD DISTRIBUTIONS

Food Harvest of St. Croix Valley

Afton-Lakeland Elementary School
475 St. Croix Trail, Lakeland, MN 55043
Tim Ailport (612) 708-6799
www.foodharvestscv.org

3rd Saturday of month. Door opens at 7am, distribution begins at 8am. All are welcome. Bring large boxes or clothesbaskets, a wheeled cart and \$15.

Ruby's Pantry

National Guard Armory
1245 Wall Street, New Richmond, WI 54017
(715) 268-7390 www.rubyspantry.org

3rd Thursday of month. Doors open at 4:30pm. Food distribution 5-6:30pm or preregister. Bring large boxes or clothesbaskets and \$20.

DESPENSAS DE COMIDA

Lleve su factura de teléfono o electricidad/gas para verificar su dirección. Use la despensa de comida en su distrito escolar o el Pierce County Food Pantry.

River Falls Food Pantry

222 N Main St., (715) 425-6880
Lunes 10-12 y 6:30-8 miércoles 1-5 jueves 6:30-8pm
Viernes 10-12, el 2º sábado de cada mes 10-12

Spring Valley Community Food Pantry

St. John's Lutheran Church Ed. Building
S425 Church Ave. (715) 778-5988
El 2º y 4º miércoles de cada mes 10-11:30 y 4:30-6pm

Prescott Area Food Pantry

720 St Croix St., Suite 119 (715) 262-4143
Jueves 9-11:30am, 1-5pm o con cita

Pierce County Food Pantry

440 N Maple St., Ellsworth (715) 273-2070
Lunes, martes, jueves 9:30-12 pm, miércoles 4-6pm

Plum City Food Pantry

301 First St. (715) 647-2191
Jueves 10-2pm excepto el 2º jueves de cada mes, 3-7pm

Elmwood Food Pantry

108 So Main St. (715) 639-2307
El 1º martes de cada mes, 3-6pm y el 3º martes de cada mes, 9am-1pm

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)

Las despensas de comida de Plum City, área de Prescott Area, River Falls, Pierce County, Elmwood y Spring Valley Community son puntos TEFAP. Los participantes deben tener ingresos elegibles para beneficiarse de TEFAP.

TAMAÑO DEL HOGAR	INGRESO BRUTO MENSUAL DEL HOGAR:
------------------	----------------------------------

1	\$1,872
2	\$2,538
3	\$3,204
4	\$3,870
5	\$4,536

FARE FOR ALL

La iniciativa "Fare for All" vende paquetes de frutas frescas, verduras y carne congelada. Debe comprar por adelantado y pagar por adelantado para el jueves de la semana anterior. Se aceptan efectivo para los pedidos en Our Neighbors Place y University Center – UWRF. Para hacer una orden con EBT llame al 763-450-4217.

Lugar para recoger los pedidos:
United Methodist Church
127 S. 2nd St. River Falls

Esta iniciativa ocurre un martes por mes: Desde las 4pm hasta las 6pm.

Llame a Miranda al 715-307-6003 si tiene cualquier pregunta.

www.fareforall.org

HUNGER PREVENTION COUNCIL OF PIERCE COUNTY, INC.

Una organización sin fines de lucro dedicada a reducir el hambre y la nutrición inadecuada en el condado de Pierce a través del servicio, la educación, la comunicación y la coordinación.

PARA OBTENER MÁS INFORMACIÓN, OPORTUNIDADES PARA VOLUNTARIOS O HACER UN DONATIVO, COMUNÍQUESE CON:

Hunger Prevention Council Pierce County, Inc.

Directora Ejecutiva, Jennifer Thatcher

PO Box 201

Ellsworth, WI 54011

Teléfono: (715) 273-2070

Correo electrónico: hungerprevention@gmail.com

Website: hungerpreventioncouncil.com



Esta institución brinda igualdad de oportunidades para acceder a sus servicios



Proporcionado por



Diciembre de 2018

EL PROGRAMA "FOODSHARE"

Especialista en comunicación de FoodShare:

Maureen at (715) 496-3121 (ayuda para determinar elegibilidad y para solicitudes)

Para solicitar:

En línea: www.access.wisconsin.gov

Llame: Great Rivers Call Center
1(888)283-0012

En persona: Oficina de apoyo económico,
412 W. Kinne St., Ellsworth, WI

DESAYUNO Y ALMUERZO EN LA ESCUELA

Contacto: Districtos escolares individuales

Ellsworth	(715) 273-3901
Elmwood	(715) 639-2711
Plum City	(715) 647-2591
River Falls	(715) 425-1800
Spring Valley	(715) 778-5551 ext. 5109
Prescott	(715) 262-5782

Los ingresos del hogar determinan si una familia es elegible para recibir comidas gratuitas o de precio reducido. Los programas de desayuno y almuerzo escolar deben cumplir con los requisitos de nutrición establecidos por el gobierno federal.

EL PROGRAMA "BACKPACK"

Con la recomendación del personal de la escuela, un estudiante elegible recibe una mochila de alimentos no perecederos el viernes. Disponible en algunas Escuelas Primarias del Condado de Pierce, comuníquese con la enfermera de la escuela para obtener más información.

FOODWISE

UW-EXTENSION, PIERCE COUNTY

Teléfono: (715) 273-6781

Alimentos, nutrición y administración de recursos, información educativa y materiales para personas y familias elegibles según sus ingresos.

(WIC) PROGRAMA ESPECIAL DE ALIMENTOS SUPLEMENTARIOS PARA MUJERES, BEBÉS y NIÑOS

Contacto: Dpto. de Salud Pública del condado de Pierce
Teléfono: (715) 273-6758

El Programa WIC tiene un límite de elegibilidad de ingresos, 185% del nivel de pobreza oficial. Es un programa de alimentos suplementarios, que también proporciona exámenes de salud y educación nutricional para mujeres embarazadas y lactantes, bebés y niños menores de 5 años.

SALVATION ARMY

Teléfono: Condado de Pierce – (715) 307-7750
Prescott – (715) 262-5000

Para emergencias de alimentos, un operador puede conectar a las personas con voluntarios en su área inmediata.

WEST CAP, INC.

Senior Farmer's Market Nutrition Program (SFMNP)
Commodity Supplemental Food Program (CSFP)
Llame al (715) 977-1191 para más información.



CENTROS DE COMIDA PARA PERSONAS DE TERCERA EDAD Y COMIDAS A DOMICILIO

Teléfono: (715) 273-6780

Las comidas al mediodía se ofrecen diariamente a las personas de tercera edad en seis lugares del condado de Pierce. Las comidas se pueden entregar a domicilio en cada área a las personas que están confinadas en su casa, de manera temporal o permanente.

OTRAS COMIDAS COMUNITARIAS GRATUITAS

First Presbyterian Church

Esquina de Hwy 65 y Hwy 10, Ellsworth
El 2^{do} miércoles de cada mes, funciona de 5 a 6pm

St Bridget's Church

211 E Division St., River Falls
Sopa y pan, el 3^{er} martes de cada mes, de 5 a 6pm

Servant of the Shepherd Church

103 N. 4th Street, River Falls, WI 54022
Todos los domingos a las 12:15pm

DISTRIBUCIÓN DE ALIMENTOS

Food Harvest of St Croix Valley

Afton-Lakeland Elementary School
475 St Croix Trail, Lakeland, MN 55043
Tim Ailport (612) 708-6799

El 3^{er} sábado de cada mes. Las puertas abren a las 7am. Se empieza a distribuir a las 8am. Todos son bienvenidos. Lleve cajas grandes o canastas para ropa, una carretilla y \$15.

Ruby's Pantry

National Guard Armory
1245 Wall Street, New RichLund, WI 54017
(715) 268-7390 www.rubyspantry.org

El 3^{er} jueves de cada mes. Las puertas abren a las 4:30pm. Distribución de alimentos de 5 a 6:30pm o se puede registrar con anticipación. Lleve cajas grandes o canastas para ropa y \$20.

FoodShare

FoodShare Outreach Specialist:
Maureen at 715-496-3121
(screening and application assistance)

For guidelines & eligibility:
<http://www.dhs.wisconsin.gov/FoodShare>

To apply:
Online: www.access.wisconsin.gov
Call: Great Rivers Call Center
1-888-283-0012
In person: Economic Support Office,
1752 Dorset Lane, New Richmond, WI

Other Food Resources

Fare for All

Sells packages of fresh fruits, vegetables and frozen meats. Must preorder and prepay by Thursday of week before. Cash orders are taken at Our Neighbors Place and University Center – UWRF. EBT orders call 763-450-4217.

Pick up: United Methodist Church
127 S. 2nd St. River Falls

One Tuesday per month; 4:00-6:00pm.
Call Miranda at 715-307-6003 with questions.

Fare for All Express

Stillwater, MN
1-800-582-4291
www.fareforall.org
No preorder/prepay required.

Spanish translations of this resource are available complements of UW-Madison, Division of Extension.

The University of Wisconsin–Madison is an equal opportunity and affirmative action educator and employer.

Food Distributions:

Food Harvest Ministry

Afton/Lakeland Elementary School
475 St. Croix Trail S. Lakeland, MN 55043
Tim Ailport 612-708-6799

www.foodharvestscv.org

3rd Sat. Doors open 7 am, distribution begins 8am.
Bring large boxes or clothes baskets, and \$15.
Bring a wagon or wheeled cart if possible.

Ruby's Pantry

National Guard Armory
1245 Wall Street, New Richmond
715-246-4357 Mona Flanum
715-248-3675 Kathy Wettig
3rd Thurs. Doors open 4:30 pm. Food distribution
5-6:30pm. Bring large boxes or clothes baskets and \$20.
Can preregister at www.rubyspantry.org.

Ruby's Pantry

Congregational Church
201 Harriman Ave North, Amery
715-268-7390 heaven@amerytel.net

2nd Sat. Doors open at 7:30 am.
Food distribution 9-10:30 am.



Provided By:



United Way
St. Croix Valley



FOOD WISE
Healthy choices, healthy lives.

UW-MADISON EXTENSION

November 2019

Free Produce & Bakery Distribution

St. Patrick's Catholic Church

1500 Vine St, Hudson, WI 54016
Monday, 9:00am 715-381-0332

United Methodist Church

1401 Laurel Ave, Hudson, WI 54016
Wednesday, 9-9:30 715-386-3921

The Crossing Point

220 Vine St, Hudson, WI 54016
Every other Friday, 9 am 715-386-9589

Mt. Zion Lutheran Church

505 South 13th St, Hudson, WI 54016
The opposite Fridays from The Crossing Point,
distribution begins at 9 am 715-386-5409

Free Community Meals

United Methodist Church

209 E 2nd St, New Richmond, WI 54017
3rd Tuesday, 5-6 pm

Gethsemane Lutheran Church

1350 Florence St, Baldwin, WI 54002
1st Tuesday, 5-6:30 pm 715-684-2984
Summer Food and Fun—June-August
Free meal and groceries for families with kids.
Wednesdays 6-7pm.

Servant of the Shepherd Church

103 N. 4th Street, River Falls, WI 54022
Every Sunday at 12:15pm 715-425-6910

Bethel Lutheran Church

920 3rd St, Hudson, WI 54016 715-386-8821
1st & 3rd Thursday, 5-6:30 pm

First Baptist Church

309 Vine Street, Hudson, WI 54016
Every Wednesday 5:30-6:30 pm 715-386-9589

Salvation Army

Call: 715-247-2944

For emergency food needs an operator can connect
persons with volunteers in their immediate area.

United Way 211

Call: 211 or 877-947-2211

Text: Text your zip code to 898211

Search: 211wisconsin.org

211 connects you to critical health and human
services in your community 24/7/365, at no cost.

Food Pantries

Bring ID or utility bill to verify address. Use the
Food Pantry in your school district.

Baldwin/Woodville/Hammond Food Pantry

920 6th Ave, Baldwin, WI 54002
Hours: 2nd & 4th Wed., 10am-noon and 2-4pm
Or by appointment, if needed 715-688-3844

Deer Park Mobile Food Pantry

121 Front St., Deer Park, WI
Last Thursday of the month 10-noon

Five Loaves Food Shelf

144 W. Third St., New Richmond, WI 54017
715-246-5255 www.5loavesfoodandclothing.org
Open: Mon 6-7:30 pm; Tues 10 am—noon
Wed 2-4 pm; Thurs 6-7:30pm.

Glenwood City Mobile Food Pantry

216 W Oak St., Glenwood City, WI 54013
Third Wednesday of the month 10-noon

Hudson Christian Food Cupboard

St. Patrick's Church 1500 Vine St, Hudson WI 54016
Call for appointments: 715-338-0332
Open Mon-Thurs, 9-12:30; Tues 4-5:30

River Falls Community Food Pantry

705 St. Croix St., River Falls, WI 54022
715-425-6880 Hours: Mon 10-noon, & 6:30-8 pm
Wed 1-5pm; Thursday 6:30-8 pm;
Friday and 2nd Saturday 10-noon

Somerset Community Food Pantry

203 Church Hill Rd, Somerset, WI 54025
Call for an appointment: 715-247-2945
Mon: 9-11am & 4-6pm; Thurs: 4-6pm; Sat 9-12

United Church of Christ Food Pantry

1001 Birch Dr, Roberts, WI 54023
Hours: Tues & Thurs, 9-11:30 am, Wed 6:30-8pm
Or by appointment, if needed 715-749-3478

Zion Lutheran Church Food Pantry

221 N Lockwood St, Woodville WI 54028
By appointment only: 715-698-2707

West CAP/Food Access & Resource Center

Serving Glenwood City and Boyceville
823 Main St, Boyceville, WI 715-977-1191
Thursday: 3 pm—7 pm; Friday 9 am—1 pm
Free produce distribution Wednesdays 5-7pm

WIC Program

Special Supplemental Food Program for
Women, Infants, & Children
To apply call 715-246-8359 to apply or
Email: wic@sccwi.gov

The WIC Program is a supplemental food program
which provides health screening, nutrition
education and benefits for specific foods & infant
formulas for pregnant & nursing women, infants
and children under age 5. Income eligibility is 185%
of the official poverty level.

Senior Farmers Market Nutrition Program

To apply call 715-381-4360 or if in Glenwood City
call 715-977-1191.

Free checks for produce, May-October.
Serving income eligible seniors over 60. Income
limits are the same as current TEFAP guidelines.

Commodity Supplement Food Program for Seniors

To apply call 715-977-1191

For seniors age 60+ at or below \$1,354 for one
person, \$1,832 for two persons.

The Emergency Food Assistance Program (TEFAP)

Many food pantries are
TEFAP outlets. Participants
must be income eligible to
benefit from TEFAP.

Family Size	Gross Monthly Income
1	\$1926
2	\$2607
3	\$3288
4	\$3970
5	\$4651

FoodShare

Para ver las reglas y la elegibilidad:

<http://www.dhs.wisconsin.gov/FoodShare>

Especialista en comunicación de FoodShare

Comuníquese con Maureen al 715-496-3121
(ayuda para determinar elegibilidad y para solicitudes)

Para solicitar:

En línea:

Llame: Servicio telefónico de atención al cliente
1-888-283-0012

En persona: Oficina de apoyo económico,
1752 Dorset Lane, New Richmond, WI

Otros recursos para alimentos

Lakeside Foods

660 North Second Street
New Richmond, WI 54017 715-243-7367

\$6.50 por caja caja/verduras; **solo efectivo** el 1^{er} miércoles de cada mes,
de 1 a 3:00 pm

*Llame primero — no abre todos los meses

Fare for All

La iniciativa “Fare for All” vende paquetes de frutas frescas, verduras y carne congelada. Debe comprar por adelantado y pagar por adelantado para el jueves de la semana anterior. Se aceptan efectivo para los pedidos en Our Neighbors Place y University Center – UWRF. Para hacer una orden con EBT llame al 763-450-4217. Lugar para recoger los pedidos: United Methodist Church

127 S. 2nd St. River Falls

Esta iniciativa ocurre un martes por mes: Desde las 4pm hasta las 6pm. Llame a Miranda al 715-307-6003 si tiene cualquier pregunta.

www.fareforall.org

Fare for All Express

Stillwater, MN
800-582-4291

Vende paquetes de frutas, verduras y carnes congeladas. Se acepta efectivo, cheque o tarjetas EBT, las cantidades varían dependiendo del paquete que quiera.

Distribución de alimentos:

Food Harvest Ministry

Afton/Lakeland Elementary School
475 St. Croix Trail S., Lakeland, MN 55043
Tim Ailport 612-708-6799

El 3^{er} sábado de cada mes. Las puertas abren a las 7 am, se empieza a repartir a las 8am. Lleve cajas grandes o cestas para ropa, y \$15.
Lleve una carreta o carretilla si es posible.

Ruby's Pantry

National Guard Armory
1245 Wall Street, New Richmond
715-246-4357 Mona Flanum
715-248-3675 Kathy Wettig

El 3^{er} jueves de cada mes. Las puertas abren a las 4:30 pm. La comida se distribuye de 5 a 6:30pm. Lleve cajas grandes o cestas para ropa, y \$20. Se puede registrar con anticipación en www.rubyspantry.org

Ruby's Pantry

Congregational Church
201 Harriman Ave North, Amery, WI
715-268-7390 heaven@amerytel.net
El 2^{do} sábado de cada mes. Las puertas abren a las 7:30 am. La comida se distribuye de 9 a 10:30am. Lleve 2 cajas grandes o cestas para ropa, y \$20. Se puede registrar con anticipación en www.rubyspantry.org



Proporcionado por:



Los condados de Pierce y St. Croix

Mayo 2019



Extension
UNIVERSITY OF WISCONSIN-MADISON

Distribución gratuita de frutas, verduras y panes

St. Patrick's Catholic Church

1500 Vine St, Hudson, WI 54016
Todos los lunes, 9:00am 715-381-5120

United Methodist Church

1401 Laurel Ave, Hudson, WI 54016
Todos los miércoles, de 9 a 9:30 715-386-3921

The Crossing Point

220 Vine St, Hudson, WI 54016
Cada dos viernes, 9 am 715-386-9589

Mt. Zion Lutheran Church

505 South 13th St, Hudson, WI 54016
Los viernes que The Crossing Point no abre, se empieza a distribuir a las 9 am 715-386-5409.

Comidas comunitarias gratuitas

United Methodist Church

209 E 2nd St, New Richmond, WI 54017
El 3^{er} martes de cada mes, de 5 a 6:30 pm

Gethsemane Lutheran Church

1350 Florence St, Baldwin, WI 54002
El 1^{er} martes de cada mes, de 5 a 6:30 pm
715-684-2984

St. Bridget's Catholic Church

211 E Division St, River Falls, WI 54022
Sopa y pan: El 3^{er} martes de cada mes, de 5 a 6 pm
715-425-1870

Servant of the Shepherd Church

103 N. 4th Street, River Falls, WI 54022
Todos los domingos a las 12:15pm 715-425-6910

Bethel Lutheran Church

920 3rd St, Hudson, WI 54016 715-386-8821
El 1^{er} y 3^{er} martes de cada mes, de 5 a 6:30 pm

First Baptist Church

309 Vine Street, Hudson, WI 54016
Todos los miércoles de 5:30 a 6:30 pm 715-386-9589

St. Mary's Catholic Church—Big River Hwy 10
& E entre Ellsworth-Prescott W10137 570th
Ave, River Falls, WI 54022 El 1^{er} martes de cada
mes de 6 a 7pm 715-425-5806

Despensa de alimentos

Lleve su identificación para verificar su dirección.
Use la despensa de alimentos en su distrito escolar.

Despensa de alimentos de

Baldwin/Woodville/Hammond

920 6th Ave, Baldwin, WI 54002
Horas: El 2^{do} y 4^{to} miércoles de cada mes, de 10am a
12pm y de 2 a 4pm O con cita, si es necesario
715-688-3844

Five Loaves Food Shelf

144 W. Third St., New Richmond, WI 54017
715-246-5255 www.5loavesfoodandclothing.org
Está abierto los lunes de 6 a 7:30pm; los martes de
10am a 12pm; los miércoles de 2 a 4pm; los jueves de 6
a 7:30pm.

Hudson Christian Food Cupboard

St. Patrick's Church 1500 Vine St, Hudson WI 54016
Llame para programar una cita: 715-338-0332
Está abierto de martes a jueves, de 9 a 12:30; los martes
de 4 a 5:30.

River Falls Community Food Pantry

222 N Main St, Ste. C, River Falls, WI 54022
715-425-6880 Abierto los lunes de 10am a 12pm y de
6:30 a 8pm; los miércoles de 1 a 5pm; los jueves de 6:30
a 8pm; los viernes y el 2^{do} sábado de cada mes de 10am
a 12pm

Somerset Community Food Pantry

203 Church Hill Rd, Somerset, WI 54025
Llame para programar una cita: 715-247-
2945 Abierto los lunes de 9 a 11am y de 4 a
6pm; los jueves de 4 a 6pm

United Church of Christ Food Pantry

1001 Birch Dr, Roberts, WI 54023
Abierto los martes y los jueves, de 9 a 11:30am, los
miércoles de 6:30 a 8pm o con cita, si es necesario,
715-749-3478

West CAP/Food Access & Resource Center

Para Glenwood City y Boyceville
Abierto los jueves de 3 a 7pm; los viernes de 9am
a 1pm., Distribución gratuita de frutas y verduras
los miércoles de 5 a 7pm

Zion Lutheran Church Food Pantry

221 N Lockwood St, Woodville, WI 54028
Solo con cita: 715-698-2707

Programa "WIC"

Programa especial de alimentos suplementarios para
mujeres, bebés y niños. Para solicitar llame al 715-246-
8359 para solicitar o envíe un correo electrónico:
wic@sccwi.gov

El programa WIC es un programa de alimentos
suplementarios que ofrece exámenes médicos,
educación sobre nutrición y beneficios para alimentos
específicos y fórmulas de bebés para las mujeres
embarazadas y en periodo de lactancia, bebés y niños
menores de 5 años. La elegibilidad de ingresos es del
185% del nivel de pobreza oficial.

Senior Farmers Market Nutrition Program

Para solicitar, llame a West CAP: 715-977-1191
Cheques gratuitos para frutas y verduras
que se pueden usar para hacer compras en
mercados de agricultores pre-aprobados,
de mayo a octubre. Da servicio a adultos
mayores de 60 años y elegibles según sus
ingresos: \$1,859 mes 1 persona, \$2,504
para 2.

Commodity Supplement Food Program for Seniors

Para solicitar, llame al 715-977-1191
Para personas mayores de 60 años; en o por debajo
de \$1,307 por persona, \$1,760 por dos personas.

The Emergency Food Assistance Program (TEFAP)

Muchas despensas de alimentos distribuyen alimentos
de TEFAP. Los participantes deben tener ingresos
elegibles para beneficiarse de TEFAP.

Familia	Ingreso Mensual Bruto
1	\$1926
2	\$2607
3	\$3288
4	\$3970
5	\$4651

WIC PROGRAM

WIC provides:

- Wholesome foods for pregnant women, new moms, infants and children under 5
- Breastfeeding support
- Nutrition and feeding tips for families
- Referrals to other community services

Polk County WIC
715-485-8520

Web: www.polkcountyhealthdept.org
(application form available on line)

FARMERS MARKET NUTRITION PROGRAMS

Free vouchers for produce at certified vendors June-October.

Senior Farmers Market Nutrition Program
for qualified individuals
ADRC of Northwest Wisconsin
Polk County Office
877-485-2372

WIC Farmers Market Program
for WIC participants
Polk County WIC
715-485-8520

FOOD SHARE PROGRAM (FOOD STAMPS)

Great Rivers Call Center 888-283-0012

Web: www.access.wisconsin.gov

For help with applying, call Maureen Wilson,
FoodShare Specialist: 715-496-3121

SENIOR DINING SITES/ HOME DELIVERED MEALS

Hot nutritious meals are offered to senior citizens at 2 locations in Polk County.

Meal delivery is provided for people 60+ years of age who are unable to go to dining sites, cook for themselves or who have no one to prepare meals for them.

ADRC of Northwest Wisconsin
877-485-2372

COMMODITY SUPPLEMENT FOOD PROGRAM

For low income qualifying seniors age 60+. Call to learn more about the program and be put on a waiting list.

**West Central Wisconsin
Community Action Agency**
715-265-4271

SALVATION ARMY

Backpack Program - Eligible students receive a backpack full of foods weekly

Head Start, Amery, Clayton, Clear Lake, Frederic, Luck, Turtle Lake and Unity School Districts.

(St. Croix Falls and Osceola: Inquire at school)

Emergency food needs also available
715-263-2900

FREE OR REDUCED PRICE SCHOOL MEALS

Free or reduced price school breakfast and lunch are available to low income families. All children in households receiving benefits from FoodShare can get free meals. WIC families are eligible for reduced or free meals.

Contact: Your school's office

COMMUNITY GARDENS

St. Croix Falls: For more information email scfcommunitygarden@gmail.com

Website:

<https://sites.google.com/view/scfcommunitygarden/>

Facebook [@scfgarden](https://www.facebook.com/scfgarden)

Turtle Lake: For more information contact

Donna Cordes 715-986-4697

Monica Graf 715-641-1798

DO I QUALIFY FOR FOOD, NUTRITION AND OTHER PROGRAMS?

Check out the following website:

www.access.wisconsin.gov

Did we miss something?

If we missed a resource within Polk County, please call 715-485-8520

Need more copies?

www.polkcountyhealthdept.org
click on WIC

POLK COUNTY

COMMUNITY
FOOD RESOURCE
DIRECTORY



 **PolkUnited**
healthier together

FOOD PANTRIES

Amery Area Food Pantry

Amery School District
230 Deronda Street, **Amery**
715-268-5999

Call before 12:00 pm on Wed. for appointment
(leave name & phone number on voice mail)

Mon	Tue	Wed	Thur	Fri	Sat
9a-12p			3p - 6p		

Lifeline Food Pantry

560 5th Street, **Clear Lake**
715-263-3846

Emergency Contact (Gordon): 715-948-2776

Mon	Tue	Wed	Thur	Fri	Sat
		1p - 5p	12p - 4p		

People Loving People

Open to all
103 E. Main St, **Dresser**
715-755-2300

Mon	Tue	Wed	Thur	Fri	Sat
11a - 1p		2p - 5p			11a - 1p

Family Pathways Food Shelf

Frederic School District
1100 Wisconsin Ave S, **Frederic**
715-327-4425

For best service, call for appointment

Mon	Tue	Wed	Thur	Fri	Sat
	9a - 6p	12p - 6p	9a - 6p		9a - 12p

FOOD PANTRIES (CONTINUED)

Loaves & Fishes

Luck & Unity School Districts
300 N 1st Street, **Luck**

Mon	Tue	Wed	Thur	Fri	Sat
	11a - 1p		11a - 1p		

The Open Cupboard

Osceola & Dresser School Districts
406 2nd Avenue, **Osceola**
715-294-4357
appointments available if unable to make walk-in times

Mon	Tue	Wed	Thur	Fri	Sat
9a - 12p		9a - 12p	11a - 4p		

St. Croix Falls Food Shelf

St. Croix Falls & Dresser Elementary School Districts,
Centuria, Cushing, & portions of Balsam Lake areas
809 Pine St., **St. Croix Falls**
715-483-9494

Mon	Tue	Wed	Thur	Fri	Sat
9a - 11a		3p - 6p		9a - 10a	

Family Pathways Food Shelf

Dresser, St. Croix Falls, Centuria,
Balsam Lake, Cushing, Milltown
2000 US Hwy 8, **St. Croix Falls**
Call in advance: 715-483-2920

Mon	Tue	Wed	Thur	Fri	Sat
9a - 5p	9a - 12p	9a - 6p	9a - 5p	9a - 5p	

FOOD DISTRIBUTIONS

Polk County Ruby's Pantry Sites:

www.homeandawayministries.org
651-674-0009

\$20 donation/family for a box of
surplus food and goods

Home and Away Ministries

210 E Park Ave., **Luck**
715-472-7770

3rd Tuesday of the month
Doors Open - 11:30 am
Distribution - 12:00 pm-1:00 pm

Congregational Church

201 N Harriman Avenue, **Amery**
www.ameryucc.org
office.ameryucc@gmail.com

2nd Saturday of the month
Registration 7:00 am-9:30 am
Distribution - 9:00 am-10:30 am

Visit www.rubyspantry.org
for locations outside Polk County or
to pre-register for a specific time slot
and pay in advance.

FREE COMMUNITY MEALS

Georgetown Lutheran Church

877 190th Ave, **Balsam Lake**
3rd Thursday of the month
12:00—1:30pm
715-857-5580

West Denmark Lutheran Church

2478 170th Street, **Luck**
Potluck Meal for visitors, guests, and those
unable to bring food
Last Sunday of every month
5:00 pm
715-472-2383

Bone Lake Lutheran

1101 255th Avenue, **Luck**
3rd Wednesday of the month (Sept-May)
5:30pm—6:30pm
715-472-2535

United Methodist Church

306 River Street, **Osceola**
Last Wednesday of the month (Jan-Oct)
(Not in Nov or Dec)
5:30pm—6:30pm
715-755-2275

Alliance Church of the Valley

1259 State Road 35, **St. Croix Falls**
4th Tuesday of the month
5:00pm—6:30pm
715-483-1100

EL PROGRAMA WIC

El programa WIC proporciona:

- Alimentos saludables para mujeres embarazadas, madres primerizas, bebés y niñas(os) menores de 5 años.
- Apoyo para la lactancia
- Consejos sobre la nutrición y alimentación para familias
- Remisiones a otros servicios comunitarios

WIC del condado de Polk
715-485-8520

Sitio web: www.polkcountyhealthdept.org
(El formulario de solicitud está disponible en línea)

PROGRAMAS DE NUTRICIÓN EN LOS MERCADOS DE AGRICULTORES

Cupones gratuitos para productos agrícolas de vendedores certificados de junio a octubre.

Programas de nutrición en los mercados de agricultores para personas de la tercera edad para personas cualificadas ADRC del noroeste de Wisconsin

Oficina del condado de Polk
877-485-2372

Programa WIC en los mercados de agricultores

Para participantes en el programa WIC
WIC del condado de Polk
715-485-8520

EL PROGRAMA FOOD SHARE (ESTAMPILLAS DE COMIDA)

Great Rivers Call Center 888-283-0012

Sitio web: www.access.wisconsin.gov

Para obtener ayuda para el proceso de solicitar beneficios, llame a Maureen Wilson, especialista de FoodShare: 715-496-3121

LUGARES DE SERVICIOS ALIMENTARIOS PARA LAS PERSONAS DE LA TERCERA EDAD / COMIDAS ENTREGADAS A DOMICILIO

Se ofrecen comidas calientes y saludables a las personas de la tercera edad en 2 sitios en el condado de Polk.

Se ofrece la entrega de comidas a domicilio para las personas mayores de 60 años que no pueden ir a los sitios para comer ni cocinar por sí mismos, o que no tienen a nadie que les prepare las comidas.

ADRC del noroeste de Wisconsin
877-485-2372

EI COMMODITY SUPPLEMENT FOOD PROGRAM

Para personas mayores de 60 años que cumplen con los límites de ingresos. Llame para más información sobre el programa y para pedir que lo ponga en la lista de espera.

West Central Wisconsin Community Action Agency
715-265-4271

SALVATION ARMY

El programa **Backpack** - los estudiantes que cumplen con los requisitos para este programa recibirán una mochila llena de alimentos cada semana

Los distritos escolares Head Start, Amery, Clayton, Clear Lake, Frederic, Luck, Turtle Lake y Unity.

(Para los estudiantes de los distritos escolares St. Croix Falls y Osceola: pregunten en la escuela)

También está disponible **asistencia alimentaria en casos de emergencia**
715-263-2900

COMIDAS ESCOLARES GRATUITAS O A UN PRECIO REDUCIDO

El desayuno y almuerzo escolar están disponibles de forma gratuita o a un precio reducido para las familias de bajos ingresos. Todos los niños de una familia que recibe beneficios de FoodShare pueden recibir comidas gratuitas. Las familias que reciben WIC cumplen con los requisitos para recibir comidas gratuitas o a un precio reducido.

Comuníquese con: La oficina de su escuela

HUERTOS COMUNITARIOS

St. Croix Falls: Para más información, envíe un correo electrónico a scfcommunitygarden@gmail.com
Sitio web:

<https://sites.google.com/view/scfcommunitygarden/>
Facebook [@scfgarden](https://www.facebook.com/scfgarden)

Turtle Lake: Para más información, comuníquese con:
Donna Cordes 715-986-4697
Monica Graf 715-641-1798

¿CUMPLO CON LOS REQUISITOS PARA LOS PROGRAMAS DE ASISTENCIA ALIMENTARIA, LOS PROGRAMAS DE NUTRICIÓN U OTROS PROGRAMAS?

Vea este sitio web:

www.access.wisconsin.gov

¿Falta algo?

Si se nos olvidó incluir un recurso del condado de Polk, llame al **715-485-8520**

¿Necesita más copias?

www.polkcountyhealthdept.org

Haga clic en WIC

El condado de Polk

GUÍA PARA RECURSOS ALIMENTICIOS COMUNITARIOS



DESPENSAS DE ALIMENTOS

Amery Area Food Pantry

Para residentes del distrito escolar de Amery

230 Deronda Street, **Amery**

715-268-5999

Llame el miércoles antes de las 12:00 pm para programar una cita (deje su nombre y número de teléfono en un mensaje de voz)

lun.	mar.	miér.	jue.	vie.	sáb.
9a-12p			3p - 6p		

Lifeline Food Pantry

560 5th Street, **Clear Lake**

715-263-3846

Contacto en caso de emergencias (Gordon):

715-948-2776

lun.	mar.	miér.	jue.	vie.	sáb.
		1p - 5p	12p - 4p		

People Loving People

Abierto para todos

103 E. Main St, **Dresser**

715-755-2300

lun.	mar.	miér.	jue.	vie.	sáb.
11a-1p		2p - 5p			11a-1p

Family Pathways Food Shelf

Para residentes del distrito escolar de Frederic

1100 Wisconsin Ave S, **Frederic**

715-327-4425

Para el mejor servicio, llame para programar una cita

lun.	mar.	miér.	jue.	vie.	sáb.
	9a-6p	12p - 6p	9a-6p		9a-12p

DESPENSAS DE ALIMENTOS

(CONTINUACIÓN)

Loaves & Fishes

Para residentes de los distritos escolares de Luck y Unity

2478 1st Street, **Luck**

lun.	mar.	miér.	jue.	vie.	sáb.
	11a-1p		11a-1p		

The Open Cupboard

Para residentes de los distritos escolares de Osceola & Dresser

406 2nd Avenue, **Osceola**

715-294-4357

Hay citas disponibles si usted no puede venir durante las horas indicadas abajo

lun.	mar.	miér.	jue.	vie.	sáb.
9a-12p		9a-12p	11a-4p		

St. Croix Falls Food Shelf

Para residentes de los distritos escolares de St. Croix Falls & Dresser Elementary, Centuria, Cushing y ciertas áreas de Balsam Lake

809 Pine St., **St. Croix Falls**

715-483-9494

lun.	mar.	miér.	jue.	vie.	sáb.
9a - 11a		3p - 6p		9a - 10a	

Family Pathways Food Shelf

Para residentes de Dresser, St. Croix Falls, Centuria, Balsam Lake, Cushing y Milltown

2000 US Hwy 8, **St. Croix Falls**

Llame con anticipación: 715-483-2920

lun.	mar.	miér.	jue.	vie.	sáb.
9a-5p	9a-12p	9a-6p	9a-5p	9a-5p	

DISTRIBUCIONES DE COMIDA

Sitios de *Ruby's Pantry* en el condado de Polk:

www.homeandawayministries.org

651-674-0009

Se pide que cada familia haga un donativo de \$20 para recibir una caja de alimentos excedentes y productos domésticos

Home and Away Ministries

210 E Park Ave., **Luck**

715-472-7770

El 3er martes del mes

Abre a las 11:30 am

Se distribuye la comida desde las 12:00 pm hasta la 1:00 pm

Congregational Church

201 N Harriman Avenue, **Amery**

www.ameryucc.org

office.ameryucc@gmail.com

El 2do sábado del mes

La inscripción es desde las 7:00 am hasta las 9:30 am

Se distribuye la comida desde las 9:00 a.m. pm hasta las 10:30 am

Visite www.rubyspantry.org

para sitios fuera del condado de Polk o para inscribirse en un intervalo de tiempo específico y pagar con anticipación.

Revisado 6/19

COMIDAS COMUNITARIAS GRATUITAS

Georgetown Lutheran Church

877 190th Ave, **Balsam Lake**

El 3er jueves del mes

Desde las 12:00pm hasta la 1:30pm

715-857-5580

West Denmark Lutheran Church

2478 170th Street, **Luck**

Una comida tipo "potluck" para los visitantes, las personas invitadas y los que no pueden traer comida

El último domingo de cada mes a las 5:00 pm

715-472-2383

Bone Lake Lutheran

1101 255th Avenue, **Luck**

El 3er miércoles del mes (de septiembre a mayo)

Desde las 5:30pm hasta las 6:30pm

715-472-2535

United Methodist Church

306 River Street, **Osceola**

El último miércoles del mes, de enero a octubre

(no en noviembre o diciembre)

Desde las 5:30pm hasta las 6:30pm

715-755-2275

Alliance Church of the Valley

1259 State Road 35, **St. Croix Falls**

El 4to martes del mes

Desde las 5:30pm hasta las 6:30pm

715-483-1100