92%

say volunteering with 4-H makes communities stronger

Slover Connection

89%

say volunteering with 4-H contributes to better connected communities

81%

say volunteering with 4-H improves the health of communities

78%

say volunteering with 4-H increases civic involvement

February, 2022 Polk County, WI





Attention Polk County 4-H Members!

If you haven't done so, please cash in your fair checks!

VIP Training—Required for New 4-H Volunteers If you have adults who are

interested in becoming certified 4-H volunteers they are required to take the Volunteer in Preparation Training (VIP). Completion of a VIP Training is one of the requirements to becoming a certified 4-H volunteer. All VIP Trainings will be held both in person and virtually this fall. These trainings take 1—1 1/2 hours to complete. Below you will find a list of dates and RSVP deadlines. These RSVP deadlines are firm in order to mail you the training packet ahead of time. For more information contact Heather heather.vierling@wisc.edu

January 13 @ 7:30pm (RSVP By: December 31) February 22 @ 9:30am (RSVP By: February 11) February 22 @ 5:30pm (RSVP By: February 11)



TO REGISTER FOR A TRAINING GO TO <u>https://forms.gle/</u>

nJbsSJM6fHbbb7ht6

ATTENTION VOLUNTEERS!! Please

remember to complete the background check. Without it, you cannot re-enroll as a volunteer in 4-H. It will be emailed to you under the name HireRight.



State Arts Teams! Applications are available for the 2022 Wisconsin 4-H

State Teams! Do you love to sing, dance, act, write, speak, or draw? This may be for you!

Youth in grades 9-13 can apply to join the State Drama Company and State Arts Team for 2022. Teams help to lead WI 4-H & Youth Conference, perform at State Fair, help conduct the State Art Show, and much more! You can find out more information at the <u>State Arts Teams website</u>.

Applications are open in 4HOnline and close on February 15, 2022. Review the application pages for full information on what is required to apply. We hope to have you join us on one of our State Teams!

WELCOME LINDSAY SPINDLER, POLK COUNTY'S NEW 4-H EDUCATOR!

Hello Polk County 4-H Families,

Polk County 4-H is an organization to be proud of. I've always believed that and am now so excited to be able to carry on and build what has been started here. 4-H allows both kids and adults to showcase their talents, teach others, and help each other grow. We build lasting friendships through our common interests that truly allow you to be a part of something bigger. This is something that I have found so rewarding that it made me want to be a part of it in a larger way.



For those of you who don't know me yet, my name is Lindsay Spindler and I am the new 4-H Program Educator for Polk County. I grew up right here in Polk County as a member of 4-H from the time I was a Cloverbud. My passion for 4-H started early and I wanted to explore every role that I could, becoming a club officer, ambassador, camp counselor, then later as an adult, a volunteer and leader. I also had the opportunity to serve as an interim program coordinator in Minnesota in both Clearwater and Anoka County.

I attended Ripon College, in Ripon, WI, where I received a B.A. in Educational Studies and English. Prior to becoming the Program Educator in Polk County, I was a middle school teacher for 13 years working in Alaska, Minnesota, and most recently Grantsburg and St. Croix Falls school districts. I loved teaching, but 4-H has always been a passion of mine.

Having grown up in Polk County, I knew I always wanted to return here after my time away. Currently, my son Morgan, my boyfriend, Dan, and I live on a farm just outside of St. Croix Falls. We raise chickens and pigs and help my parents with their sheep farm just down the road from us. We spend our summers traveling to sheep shows and have always enjoyed working with livestock.

I'm looking forward to the coming months getting to know each and everyone of our fantastic 4-H members and volunteers. Without you, Polk County 4-H would not be the great organization it is! Feel free to reach out to me at any time at lindsay.spindler@wisc.edu or by phone: 715-501-8984

Sincerely,

Lindsay Spindler 4-H Program Educator Polk County



February

- 3: Committee Meetings, 7pm at the First Presbyterian Church in St Croix Falls
- 11: Deadline to RSVP for the Feb. 22nd VIP Trainings
- 11: Registration for Clover College Due
- 15: Applications for State Arts Teams Due
- 21: YQCA Training at 5:30pm located at the Ellsworth High School



- 22: YQCA Training at 7pm located at the St Croix County Extension Office
- 22: VIP Training at 9:30am, Zoom or In Person at the St Croix Extension Office
- 22: VIP Training at 5:30pm, Zoom or In Person at the St Croix Extension Office
- 26: Clover College, starting at 9am, Glenwood City High School in Glenwood City, WI



March

- 2: Bring Operation Stanley items to the Polk County Extension Office
- 5: YQCA Training at 9am at the St Croix County Extension Office
- 7: Horse Kick-Off Meeting at 6pm, Location: TBD
- 13: Sheep Kick-Off Meeting, 2pm at the Government Center
- 15: Wisconsin 4-H Foundation Scholarship Application Due!
- 21: Polk County Ambassador Meeting, 5:30pm at the Government Center
- 21: Polk County 4-H Leaders Federation Meeting at 7pm. Location: TBD
- 26: Fitting and Grooming Clinic at 8:30am located at the Hibbs Farm



May

13: Dino Hunt, 6pm-8pm located at the Balsam Lake Rod & Gun Club

23: Polk County 4-H Leaders Federation Meeting at 7pm. Location: TBD

🔁 June

18: Polk County Pre-Fair Shoot starting at 9am at the Balsam Lake Rod & Gun Club



Polk County 4-H is now on Facebook! We hope to use this page as another way to

Facebook! We hope to use this page as another way to communicate information and events and keep everyone as up-to-date as possible with all of the exciting things we have planned. Not only will this be a great communication tool, we hope that you will have the chance to contribute to it as well. Currently, we would like to extend a challenge to you for our cover photo. A theme of "What 4-H Means To Me" is being looked for from youth across our coun-

ty. Feel free to submit your photos to Lindsay at lindsay.spindler@wisc.edu anytime before February 25th.

To follow our new Facebook page, go to: <u>https://www.facebook.com/4HPolkCountyWi/</u>



CLUB REPRESENTED WHEN THE MONEY GETS

SPENT? The Polk County 4-H Leaders Federation Board of Directors is an Important Group for the Polk

County 4-H Program. This Board Oversees the Program and Makes Important Decisions About How and Where the Financial Resources of the Program Are Spent. They Also Provide Direction for The Educational Programs. Each Club Can Send One Adult and One Youth Member as Representatives to The Board. Youth Have an Equal Voice at The Table. The Board Meets Six Times a Year.

MARCH 21, 2022 7PM, POLK COUNTY GOVERNMENT CENTER

MAY 23, 2022 7PM T.B.D

FITTING & GROOMING CLINIC

This qualifies as an educational event toward the Quality Meats project. This is an interactive event – questions/answers, fitting, trying different techniques.

Who: All beef exhibitors interested in learning more about fitting and grooming.

When: March 26, 2022

8:30am-9am: Arrival and set up of show chutes

9am-11:30am: Speaker and demonstration by Brooke Brantner – Show Fitting and Grooming techniques and tips

11:30am-12:30pm: Lunch will be provided

12:30pm – ? Break-out session – Fitting and clipping your animal with the techniques learned in the morning session. Brooke will be on hand to help all kids. Bring your show animal (heifer or steer), show chute, and clippers. Power will be supplied.

(If you need an animal and/or chute to practice with at the event, please reach out to Jordon Hibbs at 715-651-6516 or by e-mail at jhibbs4141@gmail.com)

Where: Hibbs Farm -2796 60th Street, Frederic, WI 54837 – Will be held indoors in pole shed.

RSVP: Jordon Hibbs at <u>jhibbs4141@gmail.com</u> or text 715-651-6516.

2022 4-H Clover College

Date: Saturday, February 26, 2022 Location: Glenwood City High School, Glenwood City, WI Time: 9:00am—2:30pm Cost: \$15.00 / youth Registration Deadline: February 11, 2022

This fun filled day is open to all youth (4-H and non) grades K—5. The day will be filled with a variety of workshops for youth to explore different 4-H projects. Youth will take home several completed fair projects. Please see the back page for the registration form for more information on the workshops being offered. Youth are required to bring a brown bag lunch. All registrations are due to the St. Croix County UW-Extension Office by February 11. Workshops are on a first come first served basis.



WHAT'S UP WITH YOUR CLUB?

Would you like your Club featured in the next Clover Newsletter? It's simple! Write up a short article telling us just how fun your club's event was and make sure to include a picture with the names of the members featured. Let us and other clubs know the good work you are doing in the community! To share your clubs story please email Kerry at: kerry.hill2@wisc.edu

ATTENTION BEEF, GOAT, SHEEP, AND SWINE EXHIBITORS. Coming in March a Quality Meats kickoff meeting. Time a location to be determined. Check the webpage

and next month's newsletter for complete details.

2022 Wisconsin 4-H Foundation Scholarship Applications Now Being Accepted



The Wisconsin 4-H Foundation will award more than \$15,000 in scholarships to outstanding Wisconsin 4-H members and alumni pursuing higher education in 2022. To be considered for financial support, applications must be received by the Wisconsin 4-

H Foundation via email between December 1. 2021 and March 15, 2022. Wisconsin 4-H Foundation scholarships are awarded to students based on demonstrated personal growth through 4-H, development and leadership in 4-H, academic performance and future educational goals. To be eligible for Wisconsin 4-H Foundation scholarships students must have been a Wisconsin 4-H member for at least three years; have a grade point average of at least 2.5 on a 4.0 scale and be enrolled or planning to enroll at a university, college or technical school during the 2022-2023 academic school year. Scholarship winners from previous years are not eligible. The application is a one-page cover letter and a one-page résumé, both of which give the 4-H youth a chance to share their 4-H achievements, as well as their future plans. Applicants are asked to treat this process as if applying for a job.

Cover letters and résumés must be submitted as one PDF document and emailed to scholarships@wis4hfoundation.org. For detailed information about what to include in and how to prepare the application documents, 4-H youth can visit

www.Wis4HFoundation.org/scholarships. A panel of experienced youth educators will screen the applications and select finalists. Applications chosen as finalists will be ranked by a second panel comprised of 4-H and youth development experts. The 4-H Foundation will assign available scholarships to the top-ranking applications based on scholarship criteria.

Applicants who are awarded scholarships will be notified by postal letter and email in May.



YQCA Trainings are now being offered in St. Croix and Pierce County.

February 21st, 5:30pm at the Ellsworth High School

February 22nd, 7pm at the St. Croix County Extension Office

> March 5th, 9am at the St. Croix County Extension Office

All Youth MUST register and pay through the YQCA website.

COMMITTEE MEETINGS

Thursday February 3rd, 7:00 pm located at the First Presbyterian Church of SCF, 719 Nevada St.

Exploring/Cloverbuds

Home and Family Committee

(Clothing/ Knitting/Crocheting/ Home Environment Foods/Nutrition/Preservation/ Child Development/ Intergenerational/Health)

Cats/Vet. Science/Pet Pals (Cavies/Tropical Fish/ Birds, etc.)

Photography

Youth Leadership//Citizenship

Communication/Expressive Arts (Speaking/

Writing/ Theatre/Dance, etc.)

<u>Dogs</u>

<u>Poultry</u>

<u>Rabbits</u>

<u>Horse</u>

Visual Arts/Folk Arts/ (Arts/Crafts/Cultural Heritage)

Environmental Sciences/Nature Space/

<u>Adventures</u> (Backpacking/Winter Travel/Canoeing/ Bicycling/Birds/Insects/Wildflowers/Trees/Fishing/ Recycling/Wildlife Management/Water)

If you have any questions, please call or text Shirley Miller-Frey at 715-557-1467, or at <u>smillerfrey@gmail.com</u>. There will be signage to indicate where each committee will be upon entering the building.

2022 4-H Shooting Sports Adult Certification Workshops

Adults interested in a shooting sports certification to instruct in the county 4-H Shooting Sports program can now save a date. Saturday certification workshops for 2022 are set for the following areas:

- Shawano, January 22, Archery
 West Bend, February 5, Archery, Pistol/Air Pistol & Rifle/Air Rifle
- Green Bay, April 30, Archery, Rifle/ Air Rifle, & Shotgun
- · Eau Claire, May 21, Archery, Rifle/Air Rifle & Shotgun

Requirements for attending a certification workshop:

1. Age 21 or older.

2. Be an approved 4-H leader in your county through 4-H Online.

3. Complete the National 4-H online training.

4. Register for your certification workshop of choice through 4-H Online.

5. Attend the complete 8 hours of the certification workshop.

Those reading the registration information on the 4-H Shooting Sports web page for Saturday certification workshops will notice there are different instructions depending on a leader's status. Leaders attending their first certification workshop have different instructions than those returning for an additional certification.

For additional information and to register, please visit the State 4-H Shooting Sports web at: <u>https://4h.extension.wisc.edu/</u> <u>opportunities/projects/shooting-sports/</u> <u>leader-certification-training-workshops/</u>



SHEEP KICK OFF MEETING! Sunday March 13, 2022 at 2pm. Meeting will be held at the Government Center.

We will be talking about what to register for the fair in the sheep department, what to expect, and go over the forms we have you fill out along with the feed sheets/ record keeping. We will have a sheep game for everyone to enjoy! Hope to see all the exhibitors and parents.

Any questions contact: Amy Lee - (715) 557-0758 or Amy Strobach - (715)-491-0342.

ATTENTION POLK COUNTY AMBASSADORS! The

next Ambassador meeting will be held at 5:30pm on March 21st at the Polk County Government Center.

Service Opportunity for Clubs

The Polk County Fair is looking for one or two clubs or groups that would be interested in design, planting, and tending to an 18 foot garden on the east side of the crops building. This would be a great opportunity for any youth involved in the plant and soil sciences



project area to explore more into the planning and care of a garden (and can be used as a project under the self-determined section!) If your club or group is interested in this opportunity, please contact Lindsay at the Extension office for more details or email lindsay.spindler@wisc.edu.



June 11-18, 2022 or July 2-9, 2022

Citizenship Washington Focus, or CWF
 for short, is the premier week long 4-H citizenship and leadership experience.

CWF brings 4-H delegations from all over the country to stay in Washington D.C., our Nation's Capital! Participants learn about the roles of Senators and Representatives in the United States' government and how these parts work together to form an effective Congress. Additionally, youth get to see and experience government in action by meeting with their State's members of Congress and watching a House of Representatives meeting. Delegates also participate in various educational workshops such as:

- **Citizenship Toolbox:** By exploring what it means to be a good citizen, delegates identify their own skill set to become active citizens and leaders in their communities back home.
- **Congressional Issues:** Delegates will have open discussions with different perspectives on real national issues in the government today.
- **Bill Writing:** Delegates learn the process of writing a bill in the House of Representatives and then write one of their own. They then will hold a mock House of Representatives meeting where they will discuss and either pass or deny said bills.
- Action Planning: By combining all of the skills they have learned at CWF, the entire delegation will discuss what issues are prominent in their communities. They will then develop a plan to take back and implement positive change into their hometowns.

These are just a couple of the activities delegates will participate in. Delegates will also get the opportunity to tour our Nation's Capital and experience the culture that comes with it. After completing the CWF program, they will have stronger knowledge about being an active citizen and our Government. They will also have the opportunity to discover new skills and be exposed to different perspectives and cultures from around the U.S. On top of all this, it gives delegates another opportunity to bond and network with other 4-Hers from Wisconsin and beyond. We hope to see you participating in CWF in the near future!

Participants are:

- 4-H members in 10th-12th grade at selection; minimum age 15 during experience.
- Delegates register through 4HOnline. Check with your county office about scholarship opportunities.
- Delegates carry county approval through the experience.
- Delegates must not have attended CWF in the past.

Costs:

- Cost is approximately \$1,750. Fees vary due to travel costs.
- The Wisconsin 4-H Foundation sponsors a portion of the cost.
- Many county 4-H Youth Development programs provide partial sponsorships. Check with your county 4-H program.
- The remaining amount is the delegate and his/her family's responsibility.

Registration for the 2022 CWF will be done through 4HOnline.

For more information, please visit: https://4h.extension.wisc.edu/opportunities/ statewide-events-and-opportunities/citizenship-washington-focus/



Clover College

Saturday, February 26, 2022 Glenwood City High School (850 Maple St., Glenwood City)

UW-MADISON EXTENSION

Session Descriptions

Woodworking

Jerry & Melanie Donoth

Use your carpentry skills to build a beautiful woodworking project to take to the county fair. Class Limit: 12

Fun with Chemistry

Rob Brown

See how to make tooth paste for an elephant and gummy bears dance amongst other fun experiments through chemistry. Class Limit: 12

Get Electrified!

Ben Meyer

Want to learn more about electricity? Here is your chance to learn about electrical currents, batteries, circuits and more! Class Limit: 10

Scratch Off Art

Marci Meyer

Do you like to draw? Do you like to paint? Well, how about scratch art? Join us for a fun new way to create awesome pieces of art work. Class Limit: 10

Paper Quilling

Marci Meyer

Paper quilling is the art of cutting paper into long strips, rolling them up and shaping them into designs. Learn how to make your designs POP. Class Limit: 10

<u>Fairy Gardens</u>

Elizabeth Hesselink

Youth will plant succulents into various containers creating one of a kind fairy gardens. Class Limit: 12

Spring Time in the Woods

Mike Lindley

Are you interested in turkey hunting, shed deer antler hunting, and moral mushroom picking? Join us for a fun filled adventure in the woods. Class Limit: 12

Nature Painting

Becky Olson

Learn the art of painting. Create your own nature masterpiece with acrylic paints on canvas. Class Limit: 12

<u>Leathercraft</u>

Heidi Wagner Experience the art of leathercraft. Learn new skills and create one of a kind pieces. Class Limit: 10

Sugars & Fats

L

Heather Vierling How much is too much? Learn about the science behind sugars and fats in our everyday foods. Class Limit: 15

Mini Fold Up Photo Albums

Mari Omann

Make a mini photo album from folded squares of cardstock. Youth are encouraged to bring a few small photos to add during the workshop. Class Limit: 12

Candle Holders

Carole Schurtz Make a beautiful candle holder with decoupage, tissue paper and a clear container. Class Limit: 12

Snow Candles

Carole Schurtz Making candles in the snow. These will be a one of kind creation. Grades 3-5, Class Limit: 10

Sewing 101

Debbie Stevens

Join us for a simple sewing project. All supplies will be provided. Grades 3-5, Class Limit: 8

MARS Landing Bridget Lentz

Learn about the surface of mars and it's environment. Use you engineering skills to land a rover on top of Mars. Class Limit: 10

On a Scale of One to T-REX

AJ Lentz

Love to perform in plays, skits, or dramas? Learn to become an actor with warmups, movement and play. Class Limit: 8

Arm Knitting

Catherine Schurtz

Try out a new method of knitting...arm knitting. This is a fun way to learn to knit using your hands and nothing else. Class Limit: 10

Lefsa

John Johnson

Learn how to make a soft Norwegian bread from potatoes and flour. Class limit: 10

Class limit: 10

Hula Hoop Rugs

Jennie & Kaylee Bazille

Join the fun! Learn to make a small rug using a hula hoop and old t -shirts. Class limit: 10

<u>Blast Off</u>

Heather Vierling Learn about basic rocketry. Design and build rockets to blast off. Class Limit: 15



<u>Clover College</u>

Saturday, February 26, 2022 Glenwood City High School Open to all youth grades K-5th Registration at 8:30am / Will start at 9:00am Registration Fee: \$15.00 / youth

UW-MADISON EXTENSION

| 2022 Clover College Participant Registration | | |
|--|-------------------------|--|
| Name (s) Email Address Telephone | | |
| Grade (s) Parent (s) name | | |
| Gender Race | | |
| Emergency contact name Emergency contact telephone | | |
| I am currently a 4-H member: Yes No Club Name | | |
| Health Concerns: <u>(allergies, etc.)</u> | | |
| I require an accommodation for a disability to participate in this program: Yes No | | |
| Amount enclosed: (\$15.00 / youth) Ck# | Cash | |
| ALL YOUTH WILL NEED TO BRING A SACK LUNCH TO THE EVENT. | | |
| Registration Deadline: <u>Feb. 11, 2022</u> No refund for cancellations will be issued after the deadline. Make check payable to: <u>St. Croix County 4-H Leaders Association</u> Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002 | | |
| Please rank your <u>TOP TEN</u> choices (1 highest to 10 lowest). First-come / first-serve for session choices. All youth will attend 3-5 sessions. Limited participants in each session. | | |
| Fun with Chemistry | Get Electrified! | |
| Woodworking | Springtime in the Woods | |
| Scratch Off Art | Paper Quilling | |
| Fairy Gardens | Nature Painting | |
| Mini Fold Up Photo Albums | Leathercraft | |
| Candle Holders | Snow Candles | |
| MARS Landing | Arm Knitting | |
| On A Scale of One to T-REX | Lefsa | |
| Hula Hoop Rugs | Sewing 101 | |
| Blast Off | Sugars & Fats | |

Yes <u>No</u> I am available to help with sessions at Clover College on February 26, 2022:

Name:

THANK YOU TO EVERYONE WHO PARTICIPATED IN OPERATION MAYFIELD!

The South Milltown 4-H, heard about the tornado in Mayfield, Kentucky and wanted to do something to help. Based off of the 4-H Motto we gathered 82-hats (Head), 140 pair of socks (Heart-loving head to toe), 12 pair mittens (Hands). 44-toothbrushes & 28 toothpaste, 1 deodorant, men's briefs, and 38 bars of soap (Health), and cards (Community). Clubs from throughout the county made donations plus financial donations for our new friends in Kentucky. Layla and Easton Visger of the South Milltown 4-H showed how their club and friends donated to the cause. Kelsey Chadwick, 4-H Agent from Graves County Kentucky said "Thank you so much for the very kind and thoughtful donation. We greatly appreciate your generosity during this difficult time!"





Polk County 4-H Clubs provided caring supplies to Graves County, Kentucky in Mayfield after their devastating tornado. Jeanne Alling, South Milltown 4-H General Leader and her club helped coordinate the project.



Also pictured are Lindsay Spindler, new Polk County 4-H Educator and Kerry Hill, Polk County Extension Assistant.

"Operation Stanley"





The recent tornado that went through Stanley, Wisconsin in Chippewa County was devastating! The South Milltown 4-H has determined that after conducting Operation Mayfield, for Kentucky, we need to help others closer to home too! This idea is coming from one of our Cloverbuds who has relatives near Stanley, who had neighbors effected by the tornado. There is also a 4-H Club close by. We

wanted them to realize that we care, through 4-H.

Therefore we hope to collect some things to send to their 4-H office to be distributed to 4-H families and those in need. It will take years for them to recover from this devastation, so we thought for now we can show that we care.

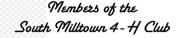


We invite your 4-H Club to participate with us, the gift would be from Polk County 4-H to Stanley area 4-H clubs. Please consider helping reach our mission of helping them out. If you want to make a financial donation checks can be written out to Chippewa County 4-H, their 4-H Extension agent, Heidi Benson, will get it to those in need.

| 4-H Pledge | Things to help Graves County 4-H |
|--|--|
| I pledge my head to clearer thinking, | hats |
| My heart to greater loyalty, | socks - (covering them from head to toe with hats and socks) |
| My hands to larger service, | gloves or mittens |
| And my health to better living, | toothpaste, tooth brushes, small bars of soap - nothing liquid |
| For my club, my community, my country, and my world. | homemade cards of hope to be distributed to families near Stanley |

Your donation can be brought to the Polk County Extension office by March 2nd. We will package everything and send it out by March 4th. Questions call Jeanne at 715-553-2488 or email jeannealling77@gmail.com

Thank you for your consideration!





Phone: (715) 485-8600 Balsam Lake, WI 54810 100 Polk Plaza, Suite 190 Polk County Office University of Wisconsin - Extension

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record or veteran status. The University of Wisconsin-Extension provides Title IX requirements, which include affirmative action and equal oppor-tunity in education, programming and employment for all qualified persons regardless of race, color, gender, creed, disabil-ity, religion, national or origin, ancestry, age, sexual orientation, pregnancy, marital or parental status, arrest or conviction uecord or veteren status

Extension of made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements (ADA requirements).

ΡΟLΚ COUNTY