

# MY 4-H ACTIVITY PARTICIPATION STORY

FOR YEAR \_\_\_\_\_

NAME: \_\_\_\_\_ AGE ON JAN.1, THIS YEAR: \_\_\_\_\_

YEARS IN 4-H (Including this year): \_\_\_\_\_ GRADE IN SCHOOL: \_\_\_\_\_

NUMBER OF MEETING HELD BY MY CLUB THIS YEAR: \_\_\_\_\_ NUMBER I ATTENDED: \_\_\_\_\_

Check Activities You Did or Participated In:

<input type="checkbox"/>	Demonstration/Talks	<input type="checkbox"/>	Safety	<input type="checkbox"/>	Polk County Fair
<input type="checkbox"/>	Speech	<input type="checkbox"/>	Community Service	<input type="checkbox"/>	4-H Ambassador
<input type="checkbox"/>	Music	<input type="checkbox"/>	Health	<input type="checkbox"/>	Club Tour
<input type="checkbox"/>	Drama	<input type="checkbox"/>	Citizenship	<input type="checkbox"/>	Interstate Exchange
<input type="checkbox"/>	4-H Talent Expo	<input type="checkbox"/>	Cultural Heritage	<input type="checkbox"/>	Annual 4-H Awards Ceremony
<input type="checkbox"/>	National 4-H Congress	<input type="checkbox"/>	Conservation	<input type="checkbox"/>	Dairy/Livestock Quiz Bowl
<input type="checkbox"/>	National 4-H Conference	<input type="checkbox"/>	Energy Conservation	<input type="checkbox"/>	Dairy/Livestock Judging
<input type="checkbox"/>	Summer Academy/State Teams (Drama/Art/WLC)	<input type="checkbox"/>	Club Picnic	<del>☒</del>	Other:
<input type="checkbox"/>	Fall Forum	<input type="checkbox"/>	National 4-H Week	<input type="checkbox"/>	
<input type="checkbox"/>	State/County Trip (Space Camp CWF, American Spirit, etc.)	<input type="checkbox"/>	Club Float or Parade Unit	<input type="checkbox"/>	
<input type="checkbox"/>	4-H Camp	<input type="checkbox"/>	June Dairy Month	<input type="checkbox"/>	

## Committees I Served On This Year and Office Held:

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## My 4-H Activity Story

(Describe and tell about all of the things you checked or identified above. Use pictures and clippings to add to your story.)

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**(Add more pages as necessary to tell us about your 4-H activity participation story.)**