



Polk County 4-H *Family Guide*



How to Join | Clubs | Projects | Terminology | Activities | Resources

UWMadisonExtension - PolkCounty

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[@4HPolkCountyWI](https://www.facebook.com/4HPolkCountyWI)

Polk County 4-H: polk.extension.wisc.edu
Wisconsin 4-H: wi4h.org

Emblem

The national 4-H emblem is a four-leaf clover with the letter “H” on each leaf. The emblem is federally protected by the United States government and is granted a special status. The numbers 18 USC 707 must appear with the emblem. For guidelines as to proper usage of emblem, please contact Extension Office.

The Four “H”s

The fourH’s standfor:Head, Heart, Hands, Health. These H’s represent the four-fold training and development in which members participate.



4-H Pledge

All 4-H members should learn the 4-H Pledge:

“I pledge my HEAD to clearer thinking,
my HEART to greater loyalty,
my HANDS to larger service, and
my HEALTH to better living,
for my club, my community, my country and my world”

4-H Motto

To Make the Best Better

4-H Slogan

Learn by Doing

4-H Colors

Green and White

I pledge...

my **head** to clearer thinking,
my **heart** to greater loyalty,
my **hands** to larger service, and
my **health** to better living for
my **club**, my **community**,
my **country**, and my **world**.



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Welcome To Polk County 4-H

4-H Youth Development is a program of the University of Wisconsin Division of Extension. 4-H is supported by county and state governments along with the U.S. Department of Agriculture to provide opportunities for youth.

University of Wisconsin Division of Extension Mission Statement

Extension's mission is to connect people with the University of Wisconsin. Thanks to joining forces with UW-Madison, we'll strengthen each other through exchanging experience and research statewide. No matter what you're trying to accomplish in Wisconsin, you'll find the support you need as we continue to bring our home state together, community by community.

Location

UW Madison Extension - Polk County
Polk County Government Center
100 Polk Plaza, Suite G600
Balsam Lake, WI 54810

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In Polk County 4-H we value:

Being Yourself



Find and share your authentic sparks and interests;

Building Connections



Grow positive relationships with peers and adults;

Exploring New Opportunities



Open the door to new experiences, projects and places;

Belonging Together



Recognize, understand, respect, and appreciate each other;

Discovering Skills



Develop skills through hands-on learning to help you succeed and thrive;

Giving Back to Your Community



Make meaningful contributions through community service and leadership.



WHAT IS 4-H?

4-H Basics

4-H is for the whole family where youth and adults come together to:

- Learn by doing
- Learn new things: leadership, teamwork, critical thinking, communication
- Meet new Friends
- Participate in projects such as photography, STEM, horse, arts & crafts, poultry, and so much more!

4-H is about having fun, learning, exploring and discovering.

Who is 4-H for?

4-H Members

4-H members are youth in grades 5K-13th grade (one year post HS). Youth in grades 3-13 select individual projects to focus on. Youth in grades K-2 enroll in the Cloverbud project where they explore all of the opportunities 4-H has to offer.

Members can:

- Attend club meetings
- participate in club activities
- work on projects throughout the year
- set goals for projects and complete a record book for achievement.
- complete a club demonstration
- prepare exhibits for the fair
- keep accurate records of project work (record Books)
- serve as an officer or club helper

Families:

4-H is very family friendly. Supportive adults should participate in club and community activities along with the youth. Help them learn about their projects, keep informed of project happenings, and volunteer to help whenever you can.

Adult Volunteers/Leaders

Over 140 local volunteers are dedicated to helping 4-H youth succeed, serving as

- Club leaders
- Project leaders
- Resources

Volunteers work alongside youth, building youth-adult partnerships, teaching life skills and sharing valuable experiences.

Interested in learning more? Contact the Polk County Extension Office.

Youth-General Enrollment Information

Youth may enroll in 4-H anytime throughout the year. Re-enrollment begins on September 1.

Youth must be part of a club before they may sign-up for any projects. A list of all clubs available in Polk County can be found on the Polk County website at polk.extension.wisc.edu or in this guide.

You must meet the grade requirements outlined within this document in order to enroll in and participate in project activities and functions.

Grade level is determined by grade in school at time of 4-H enrollment. Youth who are home-schooled should use declared grade. Youth are eligible for membership through the next year following high school graduation. The 4-H year runs from October 1 through September 30.

Youth must be enrolled in the project areas they wish to participate in through the 4-H program.

Youth must be enrolled in Polk County 4-H by April 15th to represent 4-H at the Polk County Fair. Youth may add or delete projects until April 15th of the current 4-H year for fair projects. 4-H members may choose to enter items related to their 4-H projects.



How to Join

Getting involved with 4-H is easy, youth and families can pick one project or many projects to focus on. The time commitment can fit into anyone's schedule!

How to Join 4-H as a member

Step 1: Pick a 4-H club.

Step 2: Pick your projects (grades 3-13)

Step 3: Set up an account at wi.4honline.com and follow the prompts for enrollment.

Step 4: Get involved. You'll be happy you did!

*Information about clubs and projects can be found at polk.extension.wisc.edu, then find "Join Polk County 4-H" in the 4-H Info menu.

4-H is for everyone! Join Today!

Register for Specific Projects

Polk County 4-H has several organized projects that meet regularly throughout the year. Information about all projects can be found starting on page 7.

Record Books

In order to achieve, 4-H members are encouraged to complete a record book.

A record book is a journal of a member's 4-H year and is a requirement for a member to reach their completed achievement status.

Record books must be turned in to the General Club Leader at the end of the 4-H year, by the due date provided by the Leader. Record book awards are given at the County Awards Program in October.

For specific instruction on how to fill out your Record Book, a Record Book Guide can be found on the Polk County Extension website at <http://polk.wisc.edu>. Click on 4-H and then "Fair, Forms, and Applications"

INTERESTED IN JOINING 4-H?

The Process in Polk County



CONTACT THE EXTENSION OFFICE TO TALK WITH 4-H STAFF ABOUT 4-H

- We are happy to get you started in Polk County 4-H. Talk with local 4-H staff to learn how to get started and share how you want to be involved. Call 715-485-8600 or email: lindsay.spindler@wisc.edu

FIND A 4-H CLUB THAT YOU ARE INTERESTED IN

- Get a recommendation from the 4-H staff or check out our club map to select a club that you are interested in.



CONTACT A CLUB AND ATTEND A MEETING

- Figure out what club is the right fit for you. We encourage you to shop around to determine the club you want to be part of. Contact the club leader to confirm their next meeting date, location, and time.

ENROLL IN 4-H ONLINE @ [HTTPS://WI.4HONLINE.COM/](https://wi.4honline.com/)

- Enrolling in 4-H ensures that you get relevant and current information. When you enroll, you will create a new family profile and add each member.



SELECT PROJECTS AREAS THAT INTEREST YOU

- Project areas are different subjects you would like to explore and learn more about.
- Make sure to enroll in all project areas you may want to bring exhibits to the fair in.

FOLLOW US ONLINE & GET THE MOST OUT OF YOUR EXPERIENCE

- Follow us on Facebook @4HPolkCountyWI or check our website. Make it a priority to attend your club meetings each month!
- Contact 4-H staff with any questions or if you need assistance.





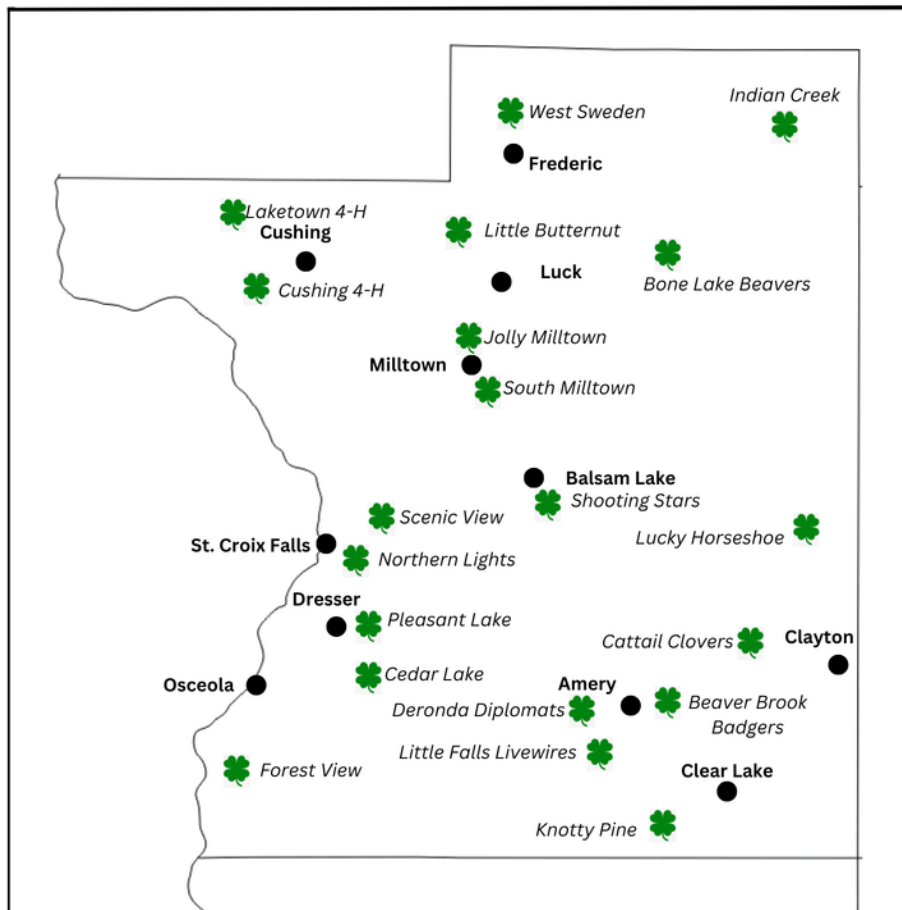
Polk County 4-H Clubs and Leaders



Club Locations & Organizational Leaders



<u>Club</u>	<u>Leader</u>	<u>Contact</u>	<u>Club</u>	<u>Leader</u>	<u>Contact</u>
Beaver Brook Badgers	Katie Lauterbach Hollie Severson	715-829-8024 715-554-3199	Knotty Pine	Amanda Sanders	715-641-2466
Bone Lake Beavers	Terri Anderson	715-566-1043	Laketown 4-H	Abby Coyour Johnson	715-327-3705
Cattail Clovers	Michele Pickard Laura Peetz	715-948-4249	Little Butternut	Jackie Thompson	715-529-1869
Cedar Lake	Neil/Rebekah Gustafson Lucas/Kristine Williamson	715-755-3913 715-688-9672	Little Falls Livewires	Julie Novak	715-268-2237
Cushing	Rayannon Lundgren	715-566-0088	Lucky Horseshoe	Corrine Gehrman	715-205-4409
Deronda Diplomats	Karl Koeppen	715-2523-1717	Northern Lights	Shirley Miller-Frey	715-557-1467
Forest View	Catherine Johnson Jessica Demulling	763-227-5498 715-501-4203	Pleasant Lake	Cathy Frandsen Jessica Robinson	715-755-2372 715-338-9630
Indian Creek	Linda Owens Brandon Owens	715-653-2663 715-307-1429	Scenic View	Sandy Swanson	715-483-9350
Jolly Milltown	Judy Bainbridge Ashley Nagel	715-825-2207 612-703-1493	Shooting Stars	Matt Babcock AnnMarie Campeau	612-308-8885 715-529-5423
			South Milltown	Jeanne Ailing Julia Erickson	715-553-2488 715-944-5491
			West Sweden	Paul Knauber	715-327-8880



UW-MADISON EXTENSION

New to 4-H?

Use the map to find a club near you and contact the club leader for more information. Or contact the county extension office using the information below.

Just in need of info?

Our organizational leaders and county staff are ready to help!

Polk County 4-H

100 Polk Plaza, Suite G600
Balsam Lake, WI 54810

715-485-8600

lingsay.spindler@wisc.edu
polk.extension.wisc.edu



Polk County 4-H Projects

4-H Projects are specific areas of interest for 4-H members and volunteers. Projects cover a wide variety of topics from animals, science, arts, and beyond.

How do I select projects?

- Find a few areas that you would like to try.
- Learn from a variety of resources; adults, friends, family, online, the library
- As you start, think about what you want to learn and do.

I picked a project, now what?

Many project areas are supported by project volunteers, but not all of them. After choosing projects, find out what resources are available in the county. Then use the documents at the end of this book to make a plan.

Keeping Record

All youth are encouraged to turn in a record book each year. Look through the record book requirements and keep track of learning, setting goals, and take lots of pictures. More information about record books can be found in this guide.

Project VS Exhibit

Many people in 4-H tend to use the words Project and Exhibit interchangeably. However, they are two VERY different things.

Project: A 4-H project is an area that you want to learn more about during the year. There are projects on just about any topic you would like to explore, from art to woodworking, from computers to rabbits, from clothing to small engines, from aerospace to horses. If you are interested in learning more about something, there is probably a 4-H project to help you! You will choose your projects when you register for 4-H.

Exhibit: An exhibit is an item that you have made during your 4-H project learning that you take to the County Fair. You will receive feedback from a judge on your exhibit. When you are enrolling in 4-H you are enrolling in a project, NOT selecting your fair exhibit. You will register for the Polk County Fair in June. Visit the fair website polkcountyfair.com to see a list of exhibits.

Project Resources & Support

There are three levels of support for projects within 4-H.

1. County-wide Level

A volunteer or group of volunteers (Educational Team) have come forward to teach that project to any 4-H members in Polk County who are enrolled in that project. Countywide projects are additional educational resources available for any youth. They are not a requirement to fully participate in that project area. Countywide projects may have additional requirements that can be found on the website or by calling the Extension Office.

The following project areas are county-wide programs:

Dairy Project

Quality Meats

beef, goat, sheep, swine

Dog Project

Horse Project

Shooting Sports

Ambassadors (7-13th grade)

***Many project areas have volunteers that are happy to help at any time that are not part of an official county-wide program. Call the Extension Office and we will help find resources.*

2. Club Level

Each club has project leaders that can help in specific projects. Check with your club organizational leader(s) to find out what projects they have leaders for.

Projects available at the club level vary widely between clubs and also may change at any time during the year based on the availability of project leaders.

3. Independent or Individual Study Level

Novolunteers on the countywide or club levels have come forward to teach that project. In this case, the member can find resources through various avenues

4-H Literature/Curriculum

Several projects have informative books that will be helpful to 4-Hers. We encourage you to purchase literature that focuses on your project(s). You may order these directly from the National Shop (<https://shop4-h.org>). Some project literature is available for check out at the extension office. Contact the office for a list or available materials.

Project Guide

Where do I start with choosing projects?

A 4-H project is an area you want to learn more about during the year. There are projects on just about any topic you would like to study and explore, from art to woodworking, from computers to rabbits, from sewing to mechanical science.

So how do you know what projects are available to you? The Wisconsin 4-H Project Guide lists all the possible projects that 4-H offers, with a table of contents list on the first two pages and more detail in the pages that follow. Check out the full description of all projects available in Wisconsin 4-H!

<https://4h.extension.wisc.edu/4h-resources/4-h-project-guide/>



WHAT PROJECT SHOULD I ENROLL IN?

Curious what projects youth should enroll in? We are here to help!

CLOVERBUD

Kindergarten - 2nd Grade

This project is for our youngest 4-H members and provides a structured introduction to all 4-H has to offer!



EXPLORING

3rd Grade and First Year Members in 4th Grade

Youth at this age will enroll in the Exploring project, but can also take one additional large animal! Please make sure to select that animal project at enrollment.



GENERAL PROJECTS

All youth 4th grade and up, except first year 4th graders, can enroll in ANY project! Choose projects that fit your interests and those that you would like to explore throughout the year.



QUESTIONS?

Contact the Polk County Extension Office at (715) 485-8600 or by email, lindsay.spindler@wisc.edu.



Extension
UNIVERSITY OF WISCONSIN-MADISON

WI 4-H Project Guide





Polk County Calendar Of Events

for dates/times and the most current information, please visit polk.extension.wisc.edu

September

- Enrollment for new year
- Record Books Due
- Annual Fall Leaders Association Meeting
- Club Activities

October

- National 4-H Week
- Window Displays 4-H
- Awards Program
- Club Activities
- Committee Meetings

November

- Fall Forum(state)
- Club Activities

December

- Club Activities
- Beef Weigh In

January

- Volunteer Training
- Club Activities

February

- Volunteer Training
- Winter Family Fun
- Club Activities
- Livestock Kickoff Meetings

March

- Performance Arts Festival
- Club Activities
- Livestock Kickoff Meetings

April

- Club Activities
- Dog Project Registration
- Spring Leaders Meeting
- Sheep and Goat Weigh-in, Swine Tag Pick Up
- Talent Expo

May

- Club Activities

June

- Fair Shoots
- Fair Entry Deadline
- 4-H Camp
- Club Activities
- Area Animal Science Days

July

- Fair Sign Contest
- Pre-Fair Dog Show
- Fair Clean Up
- Polk County Fair

August

- Quality Meats Picnic
- WI State Fair



4-H Terminology

4-H Activity

Members can participate in 4-H activities regardless of what project area they are enrolled in. These activities can be individual or team based, such as softball.

Polk County 4-H Leaders Federation

The leader organization which raises funds, coordinates committees, advocates for 4-H and provides input on opportunities and needs. Voting members of the Leaders Federation include 4-H Volunteers and youth leaders.

4-H Club

A group of members and volunteers who meet regularly to plan 4-H activities, community service and leadership opportunities. Leadership and activities of clubs should be youth driven.

4-H Council

The elected body of the 4-H Association. Council members set policy, provide leadership for legal and financial responsibilities, as well as overall leadership for the organization.

4-H Member

A participant in a 4-H club. Membership is open to all youth no matter what ethnic background, race, gender, and handicap status, religious or political beliefs. Youth are eligible for membership from kindergarten through one year past high school graduation.

4-H Project

A 4-H member can sign up for one or more project areas during the year. Many project areas have meetings or clinics with project leaders during the year which youth learn skills to help them complete their chosen project.

4-H Volunteer

An adult over the age of 18 who has attended and passed the Youth Protection Process and who is currently enrolled in 4-H.

4-H Year

The year runs October 1- September 30 of the following year.

4-H Youth Program Educator (or Coordinator)

A staff member of UW Madison, Division of Extension who provides leadership and oversight of all 4-H programs and groups in the county.

Achievement

This is a set of requirements each member must meet during the 4-H year. Members must:

- Give a demonstration at a club meeting
- Exhibit a project at the county or community fair
- Complete and turn in a 4-H Record Book to their General Leader by the deadline date
- Attend club meetings regularly and adhere to individual club requirements.
- Members who do not achieve forfeit their eligibility the next 4-H year for the following access to funding and other program specific requirements established by specific project areas.

Ambassadors

4-H members in grades 7-13 can participate in a county leadership organization. They do activities geared towards community development and volunteer work. Ambassadors play a key roll in helping at the Polk County Fair, as well as many other leadership opportunities.

Charter Application

Each 4-H Club, committee or organization with a bank account must fill out an annual Charter document in order to operate under the 4-H Name and Emblem.

Cloverbud

Members in kindergarten through second grade. Cloverbuds can't participate in some 4-H projects or events. When enrolling in 4-H, this age group should enroll in the Cloverbud project.

Clover Connection

A newsletter from Extension Polk County which provides 4-H families with information about the 4-H program.

Club Officer

Any member of a 4-H club who is elected to a club office position such as President, Vice President, Secretary, Treasurer or Historian.

Club Rules & By-Laws

These are the written rules for each 4-H club, which its members follow in order to meet required achievement status.

Enrollment

In the month of September, each 4-H member and volunteer must fill out enrollment paperwork and select project areas for the year. Youth must also sign a behavioral form.

General Club Leader

One or more volunteers who oversee the organizational part of the club such as recruiting members, dealing with member enrollment and helping officers with their duties for the club.

UW-Madison Division of Extension

Provides educational programs by teaming up with agriculture; meeting community challenges; protecting natural resources; strengthening Wisconsin's families; and supporting young people through our program areas —

- *Agriculture
- *Community Development
- *Human Development and Relationships
- *Health & Well-Being
- Natural Resources
- *Positive Youth Development

**indicates programs in Polk County*

Website

4-H Information can be found about UW Madison Division of Extension Polk County at <http://polk.extension.wisc.edu>



4-H Activities and Events-Youth

The following is a list of activities and events that occur locally, in Wisconsin, and beyond. Watch newsletters and emails for the most current information. Not all experiences are currently available due to COVID-19 travel restrictions.



Local Events/Activities

4-H Clubs

4-H members and families choose a club to belong to. While clubs have specific geographic locations, members do not have to pick the closest club to them. Each club offers a variety of experiences and opportunities. Check with club leaders or families for more information.

4-H Camp

There are several camp programs available to youth throughout the 4-H year including Day Camps (Cloverbuds), Summer Camp (3-8 grade) and Camp Counselor Opportunities (9-13 grade).

4-H Projects

Youth can get involved in project activities throughout the year. Volunteers plan classes and learning opportunities. Youth can also plan and lead opportunities.

Countywide projects with organized leadership include: livestock, dairy, dogs, leathercraft, horse, shooting sports, Juniors

Awards Program

In the month of October, youth are chosen from their specific project area to be awarded for exceptional work. Along with project awards, special club awards are also given out during this event.

National 4-H Week

The first full week in October is set aside for the promotion of 4-H. Counties across the country use the current year's theme to make window displays or special events to recruit members for the coming year.

Barron-Polk Talent Expo

Members from across the county come together during our annual Barron-Polk Talent Expo to perform in areas of drama, speech, music and demonstration. Youth are judged and a select few receive awards for their performance along with being selected from Polk County Fair entries.

CloverCollege

Clover College is set up for members to explore different projects in 4-H. These sessions range in activities from crafting to small engines to woodworking. Look for information in your newsletters.

Virtual Learning

There are local learning opportunities that take place virtually. These occur during the month of October to celebrate National 4-H week, beginning in January there are virtual sessions for 5 project areas. There are also opportunities listed on the Wisconsin 4-H Website.

Clothing & Foods Revue

Members enrolled in the Clothing or Foods Revue projects are judged on their completed projects before the Polk County Fair. These entries are conference judged, where exhibitor is asked questions regarding how they made their project. After judging, projects are reviewed for placement and set on display during the Fair for general public to view.

WI 4-H Program Guide

Check out the educational experiences offered by Wisconsin 4-H! This is a detailed guide to programs available to youth year-round.



4-H Activities and Events-Youth

Ambassadors

The 4-H Ambassadors are older youth that work together to give back to the community and their clubs.

They work as role models in the 4-H community and serve as helping hands during our annual fundraiser, the NW Golf Classic, and assisting at the Polk County Fair.

As a reward for working at various events, Ambassadors are given special opportunities for team building and fun.

Polk County Fair

During month of July, the Polk County Fair takes place at the fairgrounds in St. Croix Falls. The fair is organized and hosted by the Polk County Fair board. While 4-H members make up the largest majority of exhibitors, it is not a 4-H organized fair. 4-H members bring their registered projects to the Fair to be judged and displayed, fulfilling one requirement of

Achievement. The Fair is also a way spend time with other friends and club members with different 4-H/ Fair events. Fair registration is due in June. See the Polk County Fair website for information: polkcountyfair.com

Statewide Events and Opportunities

***All statewide and global experiences have different application processes and requirements, if you are interested in learning more, please visit: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/>*

WI State Fair

The State Fair is held in West Allis during the month of August and gives 4-H members the opportunity to exhibit their projects on a state level. This is a great opportunity to see what others in the state are doing in the same project areas as yourself and have fun meeting new members! Guidelines have changed for the Wisconsin State Fair, these will be communicated with 4-H members and families.

Citizenship

American Spirit East

(8-10th Grade)

The American Spirit Experience is a wonderful opportunity to develop knowledge of America's heritage, citizenship, and leadership. It is also a great opportunity to meet new people, develop leadership and public speaking skills, and travel the east coast. Featured sites include: Valley Forge, Philadelphia, New York, Plimoth Plantation, Boston, Whale Watching, and Niagara Falls

Citizenship Washington Focus

(10th-12th grade, minimum age 15)

Citizenship Washington Focus, or CWF for short, is the premier week long 4-H citizenship and leadership experience. CWF brings 4-H delegations from all over the country to stay in the National 4-H Conference Center in Chevy Chase, Maryland, right outside our Nation's Capital! Participants learn about the roles of Senators and Representatives in the United States' government and how these parts work together to form an effective Congress. Additionally, youth get to see and experience government in action by meeting with their State's members of Congress and watching a House of Representatives meeting.

National 4-H Conference

(8th-10th grade)

National 4-H Conference annually brings 4-H youth and adults from around the nation to work towards strengthening and expanding the 4-H Youth Development program at the local, state, and national levels.



4-H Activities and Events-Youth

Communication Arts

ArtBeat

The introductory program for Wisconsin 4-H Communication Arts and was created for 4-H members in grades 3-5, their parents and leaders. Art Beat! provides an opportunity for youth and their parents to experience five different art forms in a camping environment at Camp Upham Woods in Wisconsin Dells.

Arts Camp

Provides youth in grades 6-8 an experience with six different art tracks including: music, photography, communication, theatre, culinary arts and art in nature. Arts Camp provides older youth and adults with opportunities to teach and strengthen their leadership abilities and provides younger youth the fun of a 4-H camping experience focused on the arts.

Art Lab

Wisconsin 4-H Art Lab is an opportunity for youth grades 9-12 to engage in the arts in downtown Madison. Partnering with UW-Madison and off-campus programs, this weekend will provide youth hands-on learning experience from university partners in a pre-selected art concentration.

State Arts Team

(9-12 Grade)

Wisconsin has 3 arts teams that youth can apply to be part of. Youth in grades 9-12 who are passionate about the arts and sharing arts with others, are encouraged to apply. The three teams include: Art Team, Drama Company, and Communication Team.

Dairy, Livestock and Animal Science Programs/ Opportunities

Area Animal Science Days

Dairy Quiz Bowl

State Dairy Judging Contest

State Livestock Judging Contest

Meats Judging Contest

Livestock Quiz Bowl & Skill-a-thon Contest

Dog Program

State Dog Agility Show

State Dog Obedience and Showmanship Show

Horse Program

State 4-H Gymkhana

State 4-H Horse Bowl and Hippology Contest

State Horse Expo

State 4-H Horse Leader's Conference

Leadership

Fall Forum

(Grades 7-adult)

The opportunity for young leaders and adults to come together to learn from others in Wisconsin 4-H.

Summer Academy

****Formerly Wisconsin 4-H & Youth Conference**

(8th-11th Grade)

Wisconsin 4-H & Youth Conference is a three and a half day Statewide Educational Experience. Youth from all over Wisconsin come to Madison, Wisconsin for educational seminars, assemblies, speakers, exploration, and fun on the UW-Madison campus!

Wisconsin 4-H Leadership Ambassadors

(9-12 grade and Adult Volunteers)

The Wisconsin 4-H Leadership Ambassadors provides a statewide forum for youth and adult volunteer leaders to discuss ideas and provide input to enhance UW-Extension 4-H Youth Development programs at the state, county, and local levels.

STEM

Space Camp

(6-8 grade)

Space Camp is a 3 day experience where youth participate in a variety of simulated space activities at the U.S. Space and Rocket Center in Huntsville, AL.

Financial Assistance

Polk County 4-H Leader Federation offers generous scholarships for youth attending these events. Scan the QR for more details.



Opportunities and Experiences-Adults

Adult Volunteer, Leader, and Parent Involvement General Information

Volunteer project leaders are always needed! If there is a project you would like to become involved with, or you see a need for a particular project area in the county or in your club, give the Extension Office a call or talk to your club organizational leader. No special education/experience in that project is required, only a willingness to work with youth. To become a volunteer:

- Contact the Extension Office for opportunities
- Fill out Volunteer Form/Determine role
- Enroll in 4-H as a volunteer
- Complete background check, mandated reporter training, VIP training, and any other required trainings.

Club Organization Leaders/Co-Organization Leaders:

Club leaders work with youth and adults to offer a positive youth development experience for young people and provide leadership to the club or group organization. They serve as the main contact for clubs and the liaison between the club and the county.

Activity Leader/Event Volunteer:

Provides leadership/organization for an activity or event and/or participate as a committee member. This can be on the club level or countywide.

County Resource Leader:

Are not enrolled in a specific club, but can be. They provide leadership on a county wide level. Examples include county wide projects, committees, and leadership opportunities.

Project Leader:

Provides leadership and organization to the project group who is learning about a specific topic (club or county level).

Chaperones

Serve as adult supervision for events/activities, including overnights.

***Additional information can be found at wi4h.org*

Committees

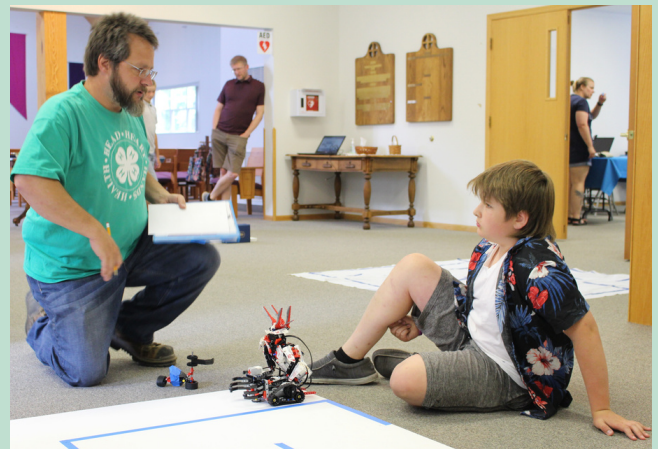
As a volunteer or parent, you can join a committee! Choose from the following:

Educational Programming: Clothing Revue, Foods Revue, County-wide Trips, Performance Arts Festival, Project Discovery Days

Awards & Recognition: Awards, Awards Banquet, County Recognition

Financial Support: Plat Book, Food Stand, Raffle, Scholarship

Promotion: Recruitment, marketing
Committees report to the Polk County 4-H Adult Leaders Federation and the 4-H Educator. These committees shall have the responsibility of planning and carrying out Association functions as related to their area of responsibility. Includes planning, budget requests, rules and regulations. Committees shall select their own chair person, who will have the responsibility of reporting committee advisory



Building Youth-Adult Partnerships



Project Record

Use this optional page to help you keep track of information for your record book throughout the year.

Project: _____

Year in Project _____

Project Goal:

A goal is a statement about what you want to learn in the project and how you plan to accomplish it. Good goals have three characters. They are challenging (you have to “stretch yourself to do it”); achievable (it is within your ability); and measurable (you can determine whether or not you met your goal).

List 3 or more skills learned/improved:

- 1.
- 2.
- 3.

Activity/Exhibit Record

Event (project meetings, workshops, tours, contests, exhibits)	Where/When

Project Funding:(what costs are involved and who is responsible for them?)



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An EEO/AA employer, University of Wisconsin Extension provides equal opportunities in employment and programming, including Title IX and the Americans with Disabilities Act (ADA) requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.

Adapted by: Sara Waldron, 4-H Program Coordinator, UW Madison Division of Extension, Barron County
Lindsay Spindler, 4-H Program Educator, UW Madison Division of Extension, Polk County
Source: Adams County 4-H, Wisconsin